INFLUENZA REPORT

2018-19 Influenza Season Week 16 — Week Ending 04/20/2019



INFLUENZA ACTIVITY IN DAVIS COUNTY

Influenza activity in Davis County was at a *low* level during Week 16. The influenza-like illness (ILI) rate (3.3%) increased slightly, however the number of influenza-related hospitalizations, decreased compared to Week 15 (see Figure 2). The school absentee rate (4.17%) remained slightly elevated compared to the same week in previous years. During Week 16, there was one hospitalized influenza case, bringing the season total in Davis County to 150.

Figure 1. Elementary School Absence Rate, Davis County, 2018-19, 2017-18, 5-Year Average

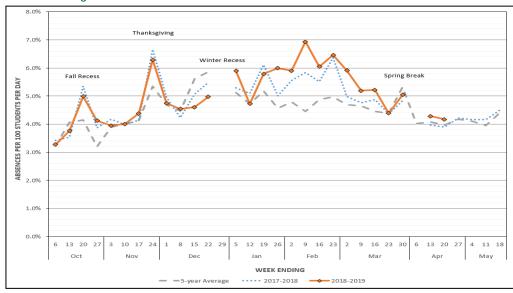
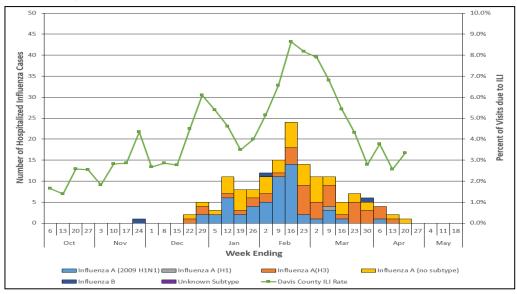


Figure 2. Hospitalized Influenza Cases, by subtype and admission date, Davis County, 2018-19



Influenza-like Illness (ILI)
is defined as fever
(temperature of ≥ 100° F
[37.8° C]), cough, and/or a
sore throat without a
known cause other than
influenza.

INFLUENZA ACTIVITY IN UTAH*

Utah's influenza severity estimate was at a *low* level during Week 16 with *regional* activity. Throughout the state, there were 10 hospitalized influenza cases during Week 16 and there have been a total of 1,749 for the season.

Surveillance data for influenza testing in laboratories across Utah indicated that 54 specimens were positive for influenza during Week 16. The majority (94.7%) of the

positive specimens thus far this season have been typed as influenza A. Influenza A H3 remains the predominant subtype circulating, though Influenza A H1N1 accounts for the most cases this season.

*For more information regarding influenza activity in Utah, please visit: https://goo.gl/xDYnKy

Table 1. Influenza Positive Specimens Tested by Utah
Laboratories, 2018 - 2019

Positive Specimens by Type/Subtype	Current Week		Season-to-Date	
	Number	%	Number	%
Influenza A (2009 H1)	4	7.4%	1,292	15.3%
Influenza A (H1)	0	0.0%	6	0.1%
Influenza A (H3)	11	20.4%	952	11.3%
Influenza A (unsubtyped)	33	61.1%	5,754	68.1%
Influenza B	6	11.1%	449	5.3%
Total	54		8,453	

INFLUENZA ACTIVITY IN THE UNITED STATES**

(April 7 - 13, 2019)

During Week 15, influenza activity continued to be elevated in most regions across the United States with the H3 subtype predominating in all regions. During Week 15, two states reported *sporadic* activity, 17 states reported *local* activity, 20 states reported *regional* activity (including Utah), and 11 states reported *widespread* activity (see Figure 3).

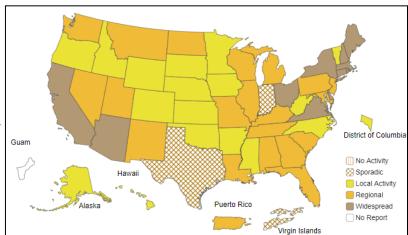
Collaborating clinical laboratories across the United States reported that 11.8% of respiratory specimens tested were positive for influenza in Week 15. Of those, 84.9% were typed as influenza A and 15.1% as influenza B.

Midseason estimates of the 2018-19 influenza vaccine effectiveness indicate that

Figure 3. Weekly Influenza Activity Estimates, Week 15

the influenza vaccines have reduced the risk of medically attended influenza-related illness by 47%. Vaccination reduced the rate of illness due to Influenza A 2009 H1N1 by about 46% among all ages and by about 62% among children under age 18.

**For more information regarding influenza activity nationwide, please visit: https:// www.cdc.gov/flu/ weekly/



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VACCINE INFORMATION

CDC recommends that all persons older than 6 months of age receive an influenza vaccine.

Flu shots are available at Davis County Health Department at no out-of-pocket cost for those *with* contracted health insurance.

For those *without* insurance:

- Adults (19+ years) can receive the flu shot for \$30.
- Seniors (65+ years) can receive high-dose Fluzone® for \$45.
- Children and adolescents (<19 years) may receive the vaccine for a \$8 fee.

For additional information, call the Immunizations Hotline at (801) 525-5020.

