

OUTDOOR RECREATION & SPORTS GUIDANCE

(Including parks, playgrounds, pavilions)

Utah Leads Together

For more information, visit: coronavirus.utah.gov/utahs-health-guidance-system/

As the community moves through phased risk guidance and facilities open to the public, we encourage you to continue to implement protective measures to slow the spread of COVID-19 in our community.

PHYSICAL DISTANCING

- Remain at least 6 feet apart from individuals from other households while engaging in outdoor activities (e.g., walking, hiking, running, biking, hunting, fishing, or golfing)
- Do not congregate at trailheads and other outdoor spaces
- Spectators maintain physical distancing between household groups and wear face coverings when physical distancing guidelines are difficult to maintain; while wearing face coverings has proven to be somewhat effective in slowing the spread of COVID-19, they will not completely eliminate the risk of COVID-19 spread; sound judgment, physical distancing, and hygiene practices are important principles that must accompany appropriate use of face coverings
- See Pool Guidance for guidelines that apply to outdoor pools, water parks, and spas

CLEANING & HYGIENE

- Ensure hand washing facilities are available and properly stocked
- Patrons should engage in regular and frequent hand washing
- Regularly clean and sanitize facilities and equipment with special attention to high-touch surfaces

INDIVIDUAL & COMMUNITY PROTECTION

- If you are sick do not engage in recreational activities; stay home, don't put others at risk
- Participants (e.g., players, performers, actors) should have their symptoms checked prior to each competition or practice
- Roster or list of participants and contact information must be maintained when engaging in formal competitive events to assist with contact tracing efforts when physical distancing is not feasible
- Avoid contact with high-touch surfaces, including handrails, trail signs, and maps
- Avoid contact with shared amenities like equipment, picnic tables, and benches; assume equipment has not been sanitized
- Distribution of promotional items (e.g., candy, food items, etc.) during spectator events must be distributed in a manner that does not promote congregating
- Recreation camps may operate in accordance with existing policy and health guidelines
- Recreational vehicle parks may operate in accordance with existing policy and health guidelines
- Roadway rest areas may open and operate according to existing public health guidelines
- Follow guidelines for state and national parks:
 - [Utah Division of Parks and Recreation/COVID-19](https://utah.gov/divisions/parks-recreation/covid-19/); [US National Park Service/COVID-19](https://www.nps.gov/covid19/)

Thank you for your patience and cooperation during this COVID-19 pandemic.
Feel free to contact the Davis County Health Department with any questions at 801-525-5128.