

# OUTDOOR RECREATION & SPORTS GUIDANCE

(Including parks, playgrounds, pavilions, parades)

## Utah Leads Together 2.0: Moderate Risk

For more information, visit: [coronavirus.utah.gov/utah-leads-together/](http://coronavirus.utah.gov/utah-leads-together/)

As the community begins the next phase of sustainable social distancing, and facilities begin to re-open to the public, we encourage you to continue to implement protective measures to slow the spread of COVID-19 in our community.

### SOCIAL DISTANCING

- Remain at least 6 feet apart from individuals from other households while engaging in outdoor activities (e.g., walking, hiking, running, biking, hunting, fishing, or golfing)
- Do not congregate at trailheads and other outdoor spaces
- Do not engage in sporting activities requiring teammates or opponents to be closer than 10 feet from one another
- Skill development and conditioning activities are allowable under social distancing guidelines
- Pools are limited to lap swim only, one swimmer per lane, no congregating on pool decks
- Organizations should maintain capacity to ensure social distancing for facilities such as splash pads, sports fields, sports courts, tracks, golf courses, etc.

### CLEANING & HYGIENE

- Ensure hand washing facilities are available and properly stocked
- Patrons should engage in regular and frequent hand washing
- Regularly clean and sanitize facilities and equipment with special attention to high-touch surfaces; keep a logbook of cleaning regimen

### INDIVIDUAL & COMMUNITY PROTECTION

- If you are sick do not engage in recreational activities; stay home, don't put others at risk
- Do not allow children on public playground
- Do not touch high-touch surfaces, including handrails, trail signs, and maps
- Avoid contact with shared amenities like equipment, picnic tables, and benches; assume equipment has not been sanitized
- Avoid high traffic times and areas
- Follow guidelines for state and national parks:
  - [Utah Division of Parks and Recreation/COVID-19](#)
  - [US National Park Service/COVID-19](#)
- Follow any other standards recommended by the Centers for Disease Control and Prevention (CDC), Utah Department of Health, and Davis County Health Department

Thank you for your patience and cooperation during this COVID-19 pandemic.  
Feel free to contact the Davis County Health Department with any questions at 801-525-5128.