## Isolation and Quarantine Guidance

**Regardless of Vaccination Status**

If you tested positive for COVID-19, you should:

<table>
<thead>
<tr>
<th>Activity</th>
<th>Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stay home for 5 days from when you were tested</td>
<td>Consider the day you were tested as Day 0 of your isolation period.</td>
</tr>
<tr>
<td>At home, avoid close contact with others</td>
<td>If you must be around others, wear a well-fitting mask.</td>
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<tr>
<td>Monitor for symptoms, including fever</td>
<td>Seek medical care if symptoms worsen.</td>
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</tbody>
</table>

You can end your isolation when:

- Any respiratory symptoms, such as breathing, congestion, & cough are improving.
- At least 24 hours have passed since your last fever.
- It has been 6 days since you tested positive for COVID-19.

**Continue to wear a mask for 5 additional days when around others.**

Learn more:

- [daviscountyutah.gov/health/covid-19](https://www.daviscountyutah.gov/health/covid-19)

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