

### **ADDITIONAL RESOURCES**



For more resources, including housing assistance, legal help, mental health, and employment assistance, scan for the United

Way 2-1-1 Informmation & Referral website, text your zipcode to 898-211, or call 2-1-1.



Since 1904, Utah Food Bank has stayed true to our purpose of serving those in need throughout our state. As a member of Feeding America, a nationwide network of food banks leading the fight against hunger, we work tirelessly with community partners and volunteers to fulfill our mission of *Fighting Hunger Statewide*.



www.UtahFoodBank.org





## **GET HELP**

Food insecurity is scary, but you don't have to face it alone. If you or someone you know needs assistance putting food on the table, Utah Food Bank is here for you! For information on all the resources we offer, visit www.UtahFoodBank.org/Get-Help/.

#### **COMMUNITY PROGRAMS**

EMERGENCY FOOD ASSISTANCE:
Utah Food Bank partners with soup kitchens, shelters, youth and senior programs, community pantries and residential/treatment facilities statewide to distribute food to families and individuals in need. Scan for a list of partner pantries.



MOBILE PANTRIES: This program supports Utahns in communities underserved by traditional pantries. Mobile Pantries typically

operate at designated sites on set days. Scan for locations and distribution times.





#### CHILDREN'S PROGRAMS

KIDS CAFE: Kids Cafe offers nutritious meals to children ages 18 and younger during the school year in partnership with after-school educational sites at elementary schools, Boys & Girls Clubs, community centers and libraries. These meals help fill the nutrition gap that often exists during out-of-school hours for children who rely on free or reduced-price meals during the school day. Ask your local after-school organization to find out if they offer this service.

When school is out in summer, Utah Food Bank offers free meals to children 18 and under at locations across Utah. Text "FOOD" to 304-304 to find a site near you (during the summer only).

MOBILE SCHOOL PANTRIES: This program offers on-site food distribution points at local schools for students and their families at the end of the school day. Foods include healthy, family-friendly items, including fresh produce and dry goods. Mobile School Pantries operate at schools in Davis, Iron, Salt Lake, Utah, and Washington counties. Check with your school to see if they offer this program.

# FOOD BOX PROGRAMS COMMODITY SUPPLEMENTAL FOOD

program (CSFP): Through this federally funded program, volunteers and staff deliver boxes of nutritious food—including canned fruits, vegetables, cereal, and cheese—to individual residences and senior housing sites. CSFP is available in nearly all counties to senior citizens 60 and over with an annual income at or below 130% of federal poverty income guidelines. Scan this code to access digital applications for this service or to request an application via mail, call (801) 978-2452.

**UFB FOOD BOX PROGRAM (SALT LAKE COUNTY** 

ONLY): Utah Food Bank delivers a free monthly food box to homebound persons with disabilities who are 18 and over with a monthly household income at or below 185% of federal poverty income guidelines. Boxes include protein items, canned fruits and vegetables, pasta, and other dry goods, as well as additional items such as bread, eggs, dairy, and produce (when available). To find out if you are eligible, please contact our Food Box Coordinator at FoodBox@UtahFoodBank.org or (801) 887-1271.