Food Establishments:
Employee Safety & COVID-19

Davis COUNTY HEALTH DEPARTMENT

COVID-19 (coronavirus disease 2019) is a respiratory disease that affects the lungs. It can be spread from person-to-person through respiratory droplets that come from coughing or sneezing within a close distance (about six feet) from another person. You can help protect your employees by taking precautions to slow the spread.

Screen employees daily for illness

- Management must ensure that no one with symptoms of illness be permitted to work and should send employees home if they start showing symptoms of illness while at work.
- All employees should check their temperature before working. Those with a temperature of 100.4°F or higher, or those who feel feverish, should not come to work.
- Any person who is ill should not enter your establishment.

Keep the establishment clean

- Continue to follow all previous routine cleaning requirements.
- Regularly clean and sanitize high-touch surfaces (i.e., counter tops, cash registers, door knobs).
- Close your establishment to conduct routine deep cleaning with EPA-recommended cleaners. To see which cleaners are effective against COVID-19, visit: https://go.usa.gov/xvb5f.

Practice social distancing

- Employees should consistently stay at least 6 feet away from others in the establishment.
- Limit the number of employees in the establishment, when possible.
- Do not allow customers to gather in groups inside or outside of your establishment.
- Limit the number of customers in your establishment at one time.

Self-quarantine if you were exposed to COVID-19

- Self-quarantine means to separate yourself from others because you may have been exposed to an illness. It helps to prevent the spread of the virus.
- If you worked with someone who tested positive for COVID-19, you should self-quarantine at home for **14 days** from the time of exposure (the date you were last around them).
- Stay at home and do not visit public places, including work, church, etc.
- Monitor yourself for symptoms, including fever, cough, shortness of breath, body aches, abdominal pain, and diarrhea.
- If you live with other people, try to use a separate bedroom and bathroom.
- Use good hygiene by washing your hands regularly and covering coughs.
- If you develop symptoms, contact your healthcare provider.
- You may need to get tested for COVID-19.

Self-isolate if you test positive for COVID-19

- If you tested positive for COVID-19, you should self-isolate, or separate yourself from others, until you have been cleared by the health department.
- The health department will work with you to help monitor your symptoms.
- You cannot go back to work until:

    - it has been at least 3 days (72 hours) since recovery, defined as no longer having a fever (without taking fever-reducing medications) and having improvement in respiratory symptoms

      - and -

    - at least 10 days have passed since symptoms first appeared

- If you do not have any symptoms, but have tested positive, you cannot go back to work until at least 10 days have passed since your test date.
- If you need immediate medical attention, notify the medical facility (before arriving) that you have tested positive for COVID-19.

For more information, visit:

daviscountyutah.gov/coronavirus