

ADVERSE CHILDHOOD EXPERIENCES

DAVIS COUNTY

What are Adverse Childhood Experiences (ACEs)?

ACEs are major childhood trauma (before age 18) that includes neglect, abuse and household challenges. This trauma can result in changes in brain development and may affect a child's social skills and ability to learn. ACEs can also result in long-term health problems. Experts believe ACEs are a major health issue in the 21st century.

ACEs Include:

- Emotional abuse
- Physical abuse
- Sexual abuse
- Emotional neglect
- Physical neglect
- Mother treated violently
- Household substance abuse
- Household mental illness
- Parents separated or divorced
- Household member incarcerated

Other potential ACEs: The 3 Realms of ACEs

ACEs Are Linked To:

- Suicide
- Depression
- Early death
- Substance abuse
- Smoking
- Cancer
- Heart disease
- Intimate partner violence
- Unemployment
- Financial stress
- Stroke
- Sexually transmitted diseases
- Diabetes
- Sexual violence
- Poor academic performance
- Asthma
- Frequent headaches
- Obesity
- Autoimmune diseases
- Teen pregnancy

Source: 1998 CDC-Kaiser Adverse Childhood Experiences Study

% of Adults Who Report ACEs



	DAVIS COUNTY	UTAH
0 ACEs	36.4%	34.3%
1-3 ACEs	46.6%	47.0%
4+ ACEs	17.0%	18.7%

Source: IBIS Utah Behavioral Risk Factor Surveillance System 2018, 2020 & 2022 (age-adjusted)

For more information contact the Davis County Health Department at 801-525-5072

% of Adults Who Report Abuse



	DAVIS COUNTY	UTAH
Physical	22.2%	25.7%
Sexual	14.0%	14.6%
Emotional	40.9%	41.2%

Source: IBIS Utah Behavioral Risk Factor Surveillance System 2018, 2020 & 2022 (age-adjusted)

% of Adults Who Report Household Challenges



	DAVIS COUNTY	UTAH
Mental Illness	27.9%	25.6%
Incarcerated Household Member	7.0%	8.8%
Domestic Violence	15.4%	17.5%
Substance Abuse	22.2%	25.3%
Parental Divorce/Separation	22.5%	23.9%

Source: IBIS Utah Behavioral Risk Factor Surveillance System 2018, 2020 & 2022 (age-adjusted)

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Definitions

Emotional abuse: A parent, stepparent, or adult living in your home swore at you, insulted you, put you down or acted in a way that made you afraid that you might be physically hurt.

Physical abuse: A parent, stepparent, or adult living in your home pushed, grabbed, slapped, threw something at you or hit you so hard that you had marks or were injured.

Sexual abuse: An adult, relative, family friend, or stranger who was at least 5 years older than you ever touched or fondled your body in a sexual way, made you touch his/her body in a sexual way or attempted to have any type of sexual intercourse with you.

Incarcerated household member: A household member went to prison.

Domestic violence: Your mother or stepmother was pushed, grabbed, slapped, had something thrown at her, kicked, bitten, hit with a fist, hit with something hard, repeatedly hit for over at least a few minutes or ever threatened or hurt by a knife or gun by your father (or stepfather) or mother’s boyfriend.

Household substance abuse: A household member was a problem drinker or alcoholic or a household member used street drugs.

Mental illness in household: A household member was depressed or mentally ill or a household member attempted suicide.

Parental separation or divorce: Your parents were ever separated or divorced.

Emotional neglect: No one in your family loved you or thought you were important or special. Your family didn’t look out for each other, feel close to each other or support each other.

Physical neglect: You didn’t have enough to eat, had to wear dirty clothes and had no one to protect you. Your parents were too drunk or high to take care of you or take you to the doctor if you needed it.

*While the validated BRFSS module addresses ACEs, no questions are included that measure physical or emotional neglect.