



# DAVIS COUNTY HEALTH DEPARTMENT

Davis County Courthouse Complex  
PO Box 618  
Farmington, Utah 84025

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## News Release

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## Seasonal Flu Vaccine Available In Davis County

(Farmington, Utah) – The Davis County Health Department has received its remaining supply of **Seasonal Flu Vaccine**. This seasonal flu vaccine is available at the county's two immunization clinics for the general public.

According to Lewis Garrett, director of the Davis County Health Department, people need to protect themselves and others by getting the seasonal flu vaccine. “It takes about two weeks for the vaccine to provide maximum protection against this year’s seasonal flu strains.”

For some people, getting the seasonal flu is more than just an inconvenience, he said. “According to the Centers for Disease Control and Prevention, seasonal influenza kills an average of 36,000 people each year in the United States and hospitalizes more than 200,000 from flu complications,” said Garrett. “Getting vaccinated against the seasonal flu is the easiest and most reliable way to keep from getting and spreading this potentially serious disease.”

Besides the seasonal flu vaccine, the staff at the county health department reminds everyone to practice good hygiene throughout the entire flu season to reduce the risk of getting sick, such as:

- Cover your mouth and nose with disposable tissue when you cough or sneeze and throw away the tissue.
- Wash your hands with soap and water or use an alcohol-based hand sanitizer.
- Stay away from other people when you are sick.

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People recommended for the seasonal flu vaccination are:

- Members of the general public concerned about getting or spreading the seasonal flu virus
- Children aged 6 months up to their 19th birthday
- Pregnant women
- People 50 years of age and older
- People of any age with certain chronic medical conditions (heart disease; kidney disease; lung diseases like asthma; metabolic diseases like diabetes; blood disorders like anemia; a weakened immune system caused, for example, by cancer or cancer treatment, HIV/AIDS, or steroid therapy; or certain conditions such as neuromuscular disorders that can cause breathing problems)
- People who live in nursing homes and other long term care facilities
- People who live with or care for those at high risk for complications from the flu, including:
  - Health care workers
  - Household contacts of persons at high risk for complications from the flu
  - Household contacts and out of home caregivers of children less than 6 months of age (these children are too young to be vaccinated)

The seasonal flu shot costs \$20. For more information, call the Davis County Health Department's Flu Information Line at (801) 451-3333 or visit the Flu Information website at [www.daviscountyutah.gov/flu](http://www.daviscountyutah.gov/flu).

**Clinic Locations**

**Clearfield Clinic** (*Open M, W, F*)  
140 E. Center Street  
(2nd floor of Heritage Senior Activity Ctr.)  
Clearfield, UT

**Bountiful/Woods Cross Clinic** (*Open T, Th*)  
596 W. 750 S.  
Woods Cross, UT

*(Note: Clinics are closed for lunch from 11:45 a.m. to 1 p.m. each day.)*

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