BUILD CHARACTER @ THE LIBRARY!

NAME:

STRENGTH

INTELLIGENCE

AGILITY

CREATIVITY

LUCK

KINDNESS

LANGUAGE
List a language or languages you speak or would like to learn and complete 3 tasks on the back

HOBBIES
List your hobbies and complete 3 tasks on the back page

Task 1

Task 2

Task 3

Task 1

Task 2

Task 3
BUILD CHARACTER @ THE LIBRARY!

Complete activities in each character trait, and level up! Each time you complete an activity, color in a wedge on the front page. Share your activities or creations with a librarian and earn treats when you complete a trait. Come to the North Branch in Clearfield on June 27th to relive the eighties with games and activities.

Then on August 14th at the Kaysville Branch come play as your character and participate in a roleplay adventure!

STRENGTH
- Run or walk a race for a cause
- Do 10 curls (each arm) with your heaviest book
- Arm-wrestle a friend
- Swim the length of the pool and back
- Take a hike
- Read a book about a sport
- Do 10 push-ups
- Take the stairs instead of the elevator
- Lift weights
- Do 10 sit-ups
- Roll down a grass hill and climb back up (repeat 3 times)
- Do a pull up (or try your best)
- Do 10 squats
- Wrestle a bear (Teddy bear! Not the real thing!)
- Play a sport with friends for 20 minutes
- Your own STRENGTH activity

AGILITY
- Complete 10 min. of yoga
- Learn a dance (square, balloon, line, etc.)
- Have a water balloon fight.
- Learn how to yo-yo (If already can, practice for 20 min.)
- Learn a new video game to improve hand-eye coordination
- Fly a kite
- Read a book about a ninja or spy
- Visit a park and play on the equipment
- Play tag with friends for 20 min.
- Practice typing on a keyboard for 10 min.
- Play in the rain and try to avoid the drops
- Learn how to juggle (If already can, practice for 20 min.)
- Stretch for 10 min. in the morning
- Play cat’s cradle with a piece of string
- Your own AGILITY activity

INTELLIGENCE
- Download a digital book with Libby
- Read a non-fiction book
- Have a water balloon fight.
- Learn how to yo-yo (If already can, practice for 20 min.)
- Learn a new video game to improve hand-eye coordination
- Fly a kite
- Read a book about a ninja or spy
- Visit a park and play on the equipment
- Play tag with friends for 20 min.
- Practice typing on a keyboard for 10 min.
- Play in the rain and try to avoid the drops
- Learn how to juggle (If already can, practice for 20 min.)
- Stretch for 10 min. in the morning
- Play cat’s cradle with a piece of string
- Your own INTELLIGENCE activity

CREATIVITY
- Take a picture of a sunrise or sunset
- Make a movie
- Try a project in a "How To" book
- Color a coloring page
- Write a short story or poem
- Read to a child with fun voices
- Sew, knit, or crochet a pattern
- Sequins & Glitter! Use them
- Check out a cook book and prepare a tasty new dish
- Look for shapes in the clouds
- Read a fantasy or sci-fi novel
- Make up a new word and try to get friends and family to use it
- Re-create a childhood photo
- Take up a new instrument and learn to play two songs
- Your own CREATIVITY activity

LUCK
- Find a four-leaf clover
- Meditate for 10 min.
- Give a book to a friend
- Leave change in a vending machine for someone else
- Organize and fold the laundry in one of your drawers at home
- Share an overheard compliment
- Wash someone’s car so it will rain the following day
- Follow the Library at facebook.com/DavisCountyLibrary
- Introduce yourself to a librarian
- Lose a game of Rock Paper Scissors (hint: it’s almost as hard to lose as it is to win)
- Go without electronics for one whole day
- Learn to say “Good Luck!” in 7 languages
- Your own LUCK activity

LANGUAGE
- Use the Mango language resource on the library website and complete the “Introductions” module for a language
- Create an account on app.prenda.co and complete a coding module
- Find a someone who speaks a foreign language and have them teach you 5 phrases
- Watch a movie in another language
- Create a website or game with a coding language
- Read a book in a second language
- Try writing some characters from another language (Chinese, Greek, Korean, etc.)
- Your own LANGUAGE activity

HOBIES
- Watch a youtube video to learn something more about your hobby
- Read a book about a hobby
- Share your hobby with a friend
- Attend a convention or group meet-up (with parent permission)
- Ask someone about their hobby and learn what you can from them
- Research what career paths can grow from your hobby
- Take your hobby outside and have fun in the sun
- Attend a library program
- Your own HOBIES activity

KINDNESS
- Let a child read to you
- Hold a door for a stranger
- Organize a neighborhood cleanup
- Offer to do yardwork for someone that can’t
- Donate used clothing or books
- Write down 10 things you are grateful for
- Recommend a book to a friend
- Write a letter to a family member
- Take the time to listen to someone’s problems
- Compliment someone you’ve never met
- Baby/dog sit for free
- Volunteer in your community
- Make or buy a treat and give it to a friend
- Grow fruits or veggies and share them with a neighbor
- Help around the house without being asked to
- Your own KINDNESS activity