

Davis County's 4th Annual VIRTUAL Community Resilience Symposium

Friday, January 28, 2022

8:45 a.m. - 12:00 p.m.

\$25 Professional, \$10 Community

Live Participation Only: 3 Social Work CEUs & a chance to win 1 of 48 copies of *More Than a Body: Your Body Is an Instrument Not an Ornament* by Lexie & Lindsay Kite | Recording available after event

EVENT REGISTRATION LINK & QR CODE:
www.dbhutih.org/symposium/



Lexie Kite, Ph.D
More Than a Body: Building
Your Body Image Resilience



Jacob Z. Hess, Ph.D
Common Patterns of Sustainable
Healing: Getting at the Roots of
Depression, Anxiety and Addiction



Mathew Portell, M.ED
In the Midst of Opportunity: A Trauma
Informed Paradigm Shift