Quarantine for people with no symptoms

- **DAY 0**: Date of most recent exposure
- **DAY 7**: Earliest day to get a test
- **DAY 10**
- **DAY 14**

**Safest:** Full 14 days
- Quarantine at home
- Released from quarantine, but monitor for symptoms and take precautions.

**10-day with no testing**
- Quarantine at home
- Released from quarantine after receiving negative test result, but monitor for symptoms and take precautions.

**7-day with testing**
- Quarantine at home
- Released from quarantine, but monitor for symptoms and take precautions.

If symptoms develop, isolate and get tested.