

OUTDOOR RECREATION & SPORTS GUIDANCE

(Including parks, playgrounds, pavilions)

Utah Leads Together

For more information, visit: coronavirus.utah.gov/utahs-health-guidance-system/

As the community moves through phased risk guidance and facilities open to the public, we encourage you to continue to implement protective measures to slow the spread of COVID-19 in our community.

PHYSICAL DISTANCING

- Remain at least 6 feet apart from individuals from other households while engaging in outdoor activities (e.g., walking, hiking, running, biking, hunting, fishing, etc.)
- Do not congregate at trailheads, parks, or other outdoor spaces
- Spectators maintain physical distancing between household groups and wear face coverings when physical distancing guidelines are difficult to maintain
- See Pool Guidance for guidelines that apply to outdoor pools, water parks, and spas

CLEANING & HYGIENE

- Ensure hand washing facilities are available and properly stocked
- Patrons should engage in regular and frequent hand washing
- Regularly clean and sanitize facilities and equipment with special attention to high-touch surfaces

INDIVIDUAL & COMMUNITY PROTECTION

- If you are sick do not engage in recreational activities; stay home, don't put others at risk
- Participants (e.g., players, performers, actors) should have their symptoms checked prior to each competition or practice; those who are symptomatic cannot participate and should self-quarantine
- If a participant has been in close contact (within 6 feet for 15 minutes or more) with an individual who has tested positive for COVID-19, they should be excluded from participation for at least 14 days from their last exposure
- Roster or list of participants and contact information must be maintained when engaging in formal competitive events to assist with contact tracing efforts when physical distancing is not feasible
- Recreation camps may operate in accordance with existing policy and health guidelines
- Recreational vehicle parks may operate in accordance with existing policy and health guidelines
- Roadway rest areas may open and operate according to existing public health guidelines
- Follow guidelines for state and national parks:
[Utah Division of Parks and Recreation/COVID-19](https://utah.gov/division-of-parks-and-recreation/covid-19); [US National Park Service/COVID-19](https://www.nps.gov/covid-19)
- Also refer to CDC Toolkit for Youth Sports:
[cdc.gov/coronavirus/2019-ncov/communication/toolkits/youth-sports.html](https://www.cdc.gov/coronavirus/2019-ncov/communication/toolkits/youth-sports.html)

Thank you for your patience and cooperation during this COVID-19 pandemic.
Feel free to contact the Davis County Health Department with any questions at 801-525-5128.