UHSAA GUIDELINES 2.1 Approved July 21, 2020

Orange Phase*	**Yellow Phase**	**Green Phase**
SCHOOLS MAY OPEN WITH SOME LEVEL OF IN-PERSON LEARNING LEA'S WILL DEVELOP PLANS	SCHOOLS ARE OPEN	SCHOOLS ARE OPEN
FOR ALL UHSAA SANCTIONED EVENTS	FOR ALL UHSAA SANCTIONED EVENTS	FOR ALL UHSAA SANCTIONED EVENTS
Symptom/ Temperature Checking Before Participation Daily and is tracked using NFHS Symptom Form, or any District Approved Symptom Check Tool, App, or Form.	Symptom/ Temperature Checking Before Participation Daily and is tracked using NFHS Symptom Form, or any District Approved Symptom Check Tool, App, or Form.	Symptom/ Temperature Checking Before Participation Daily and is tracked using NFHS Symptom Form, or any District Approved Symptom Check Tool, App, or Form.
Visiting Teams Symptom/Temperature Check Before Loading the Bus to travel to games, and Home Teams Symptom/Temperature Check Before Athletes Enter the Locker Room Pre-game	Visiting Teams Symptom/Temperature Check Before Loading the Bus to travel to games, and Home Teams Symptom/Temperature Check Before Athletes Enter the Locker Room Pre-game	Visiting Teams Symptom/Temperature Check Before Loading the Bus to travel to games, and Home Teams Symptom/Temperature Check Before Athletes Enter the Locker Room Pre-Game
Roster or list of participants and their contact information ***MUST*** be maintained when engaging in formal competitive events to assist with contact tracing efforts when physical distancing is not feasible.	Roster or list of participants and their contact information ***MUST*** be maintained when engaging in formal competitive events to assist with contact tracing efforts when physical distancing is not feasible.	Roster or list of participants and their contact information **ENCOURAGED** to be maintained when engaging in formal competitive events to assist with contact tracing efforts when physical distancing is not feasible.
Hand sanitizer readily available	Hand sanitizer readily available	Hand sanitizer readily available
Clean/Sanitize Equipment between practice pod groups.	Clean/Sanitize Equipment between practice pod groups.	Clean/Sanitize Equipment before each practice.
Individual hydration containers, or watering system that allows for social distancing.	Individual hydration containers, or watering system that allows for social distancing.	Individual hydration containers, or watering system that allows for social distancing.
General public takes extreme precautions, stay 6' away from others, face coverings worn in settings where physical distancing is difficult.	Social Distancing when practical and in family groups at venues	Social Distancing when practical and in family groups at venues
Event size can exceed 20 individuals if organizational oversight can be provided that ensures guidelines are followed. Complete "Event Management Template" found in the yellow phase of the governors 4.8 plan.	Limit the number of players on sideline to 50 for football, and no more than 25 for all other sports. Event size can exceed 50 participants if organizational oversight can be provided that ensures guidelines are followed. Complete the Event Management Template.	Refer to County Health recommendations.
For the number of spectators, consult your School District and County Health Department for guidelines.	No more than 6,000 spectators in outdoor venues, and 3000 for indoor. Follow social distancing guideline.	Refer to County Health recommendations.
Recommend that vulnerable individuals (over 65 years old, with pre-existing conditions, and compromised immune systems, limit their participation and/or attendance in activities.	Recommend that vulnerable individuals (over 65 years old, with pre-existing conditions, and compromised immune systems, limit their participation and/or attendance in activities.	General public follows current federal and local public health precautions.
Masks where social distancing is not practical for participants and spectators. State, local and school district guidelines for face coverings should be strictly observed. Cloth face coverings should be considered acceptable.	Masks where social distancing is not practical for participants and spectators. State, local and school district guidelines for face coverings should be strictly observed. Cloth face coverings should be considered acceptable.	Spectators encouraged to maintain physical distancing between household groups and wear face coverings when physical distancing guidelines are difficult to maintain.
Face coverings warn when not engaging in vigorous activity, such as sitting on the bench during contest, locker rooms, and athletic training rooms.	Any student who prefers to wear a face covering during an event should be allowed to do so. Face coverings may be used when not engaging in vigorous activity, such as sitting on the bench during contest, locker rooms, and athletic training rooms.	The use of face coverings is encouraged when physical distancing is not feasible.
Coaches, Officials and other contest personnel will wear face coverings.	Coaches, Officials and other contest personnel may wear face coverings at times.	
Practices of no more than 20 participants per pod unless approved by School District and County Health Department.	Practices of no more than 50 participants using Pods	
Never share equipment, clothes, towels, etc.	Never share equipement, clothes, towels, etc.	Never share equipement, clothes, towels, etc.
Shower at home, and wash practice/game uniform daily.	Shower at home, and wash practice/game uniform daily.	Shower at home, and wash practice/game uniform daily.
Facilities/Equipment should be cleaned and sanitized before, during, and after practices and/or games.	Facilities/Equipment should be cleaned and sanitized before, during, and after practices and/or games.	Facilities/Equipment should be cleaned and sanitized before practices and/or games.
Hand sanitizer readily available and signage encouraging social distancing and proper hygiene etiquette at venues.	**Hand sanitizer readily available and signage encouraging social distancing and proper hygiene etiquette at venues.**	**Hand sanitizer readily available and signage encouraging social distancing and proper hygiene etiquette at venues.**
PRE-SEASON Conditioning & Heat Acclimatization	**PRE-SEASON Conditioning & Heat Acclimatization**	**PRE-SEASON Conditioning & Heat Acclimatization**
UHSAA recommends a minimum of two to four weeks of phased reintroduction of physical activity followed by a minimum of 10-14 days of heat acclimatization consistent with protocols for High School Student-Athletes found in "Return to Sports and Exercise during COVID-19 Pandemic: Guidance for High School and Collegiate Athletic Programs document. Football will continue with the 14 days as outlined in the UHSAA Acclimatization Protocol.	UHSAA recommends a minimum of two to four weeks of phased reintroduction of physical activity followed by a minimum of 10-14 days of heat acclimatization consistent with protocols for High School Student-Athletes found in "Return to Sports and Exercise during COVID-19 Pandemic: Guidance for High School and Collegiate Athletic Programs document. Football will continue with the 14 days as outlined in the UHSAA Acclimatization Protocol.	UHSAA recommends a minimum of two to four weeks of phased reintroduction of physical activity followed by a minimum of 10-14 days of heat acclimatization consistent with protocols for High School Student-Athletes found in "Return to Sports and Exercise during COVID-19 Pandemic: Guidance for High School and Collegiate Athletic Programs document. Football will continue with the 14 days as outlined in the UHSAA Acclimatization Protocol.
Transportation Issues, parents cannot drive students to and from UHSAA Sanctioned Events. Once parents transport, the Catastrophic Insurance and sanctioning are void.	Transportation Issues, parents cannot drive students to and from UHSAA Sanctioned Events. Once parents transport, the Catastrophic Insurance and sanctioning are void.	Transportation Issues, parents cannot drive students to and from UHSAA Sanctioned Events. Once parents transport, the Catastrophic Insurance and sanctioning are void.