INFLUENZA ACTIVITY IN DAVIS COUNTY

Influenza activity in Davis County has been at a minimal level so far this season. The average school absence rate for Week 45 (4.62%) was slightly elevated compared to last year (see Figure 1). No hospitalized influenza cases were reported in Davis County in Week 45; the season total remains at fewer than five cases. The influenza-like illness (ILI) rate (2.1%) for Week 45 remains low (see Figure 2).

Figure 1. Elementary School Absence Rate, Davis County, 2019-20, 2018-19, 5-Year Average

Figure 2. Influenza-like-Illness rate and Hospitalized Influenza Cases, by subtype and admission date, Davis County, 2019-20
INFLUENZA ACTIVITY IN UTAH*

Utah’s influenza rate remained at a low level during Week 45. There were fewer than five hospitalized influenza cases reported during Week 45 in the state of Utah, with a total of 15 cases so far this season.

Surveillance data for influenza testing in laboratories across Utah indicate that 25 specimens were positive for influenza during Week 45. Currently, the predominant circulating virus is influenza A, however, rates of influenza B are higher than normal for this point of the season.

*For more information regarding influenza activity in Utah, please visit: https://bit.ly/2Mx18cT.

Table 1. Influenza Positive Specimens Tested by Utah Laboratories, 2019-20

<table>
<thead>
<tr>
<th>Positive Specimens by Type/Subtype</th>
<th>Current Week</th>
<th>Season-to-Date</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Number</td>
<td>%</td>
</tr>
<tr>
<td>Influenza A (2009 H1N1)</td>
<td>2</td>
<td>8.0%</td>
</tr>
<tr>
<td>Influenza A (H3)</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>Influenza A (no subtype)</td>
<td>11</td>
<td>44.0%</td>
</tr>
<tr>
<td>Influenza B</td>
<td>12</td>
<td>48.0%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>25</strong></td>
<td><strong>78</strong></td>
</tr>
</tbody>
</table>

INFLUENZA ACTIVITY IN THE UNITED STATES**

During Week 44, influenza activity remains low in the United States, but is increasing. Rhode Island reported no activity during Week 44, while 31 states (including Utah) reported sporadic activity, 15 states reported local activity, Alabama reported regional activity, and two states reported widespread activity. (see Figure 3).

Collaborating clinical laboratories across the United States reported that 3.2% of respiratory specimens tested were positive for influenza in Week 44. Of those, 24.6% were typed as influenza A and 75.4% as influenza B.

CDC performs genetic and antigenic characterization of U.S. viruses submitted from state and local laboratories. The specimens are also tested for susceptibility of influenza virus to antiviral medications. Virus characterization data will be updated later this season when a sufficient number of specimens have been tested.

**For more information regarding influenza activity nationwide, please visit: https://www.cdc.gov/flu/weekly/.

VACCINE INFORMATION

CDC recommends that all persons older than 6 months of age receive an influenza vaccine by the end of October.

Flu shots are available at Davis County Health Department at no out-of-pocket cost for those with contracted health insurance.

For those without insurance:

- Adults (19+ years) can receive the flu shot for $30.
- Seniors (65+ years) can receive high-dose Fluzone® for $45.
- Children and adolescents (<19 years) may receive the vaccine for an $8 fee.

For additional information, call the Immunizations Hotline at (801) 525-5020.