INFLUENZA REPORT

2019-20 Influenza Season Week 9 — Week Ending 02/29/2020



known cause other than

influenza.

INFLUENZA ACTIVITY IN DAVIS COUNTY

Influenza activity in Davis County remains at a *high* level. The school absentee rate remains comparable to what has been seen in past years (see Figure 1). There were 9 hospitalized influenza cases in Davis County during Week 9, bringing the season total to 112. The number of hospitalized cases and the influenza-like illness (ILI) rate both decreased slightly in Week 9 (see Figure 2).

Figure 1. Elementary School Absence Rate, Davis County, 2019-20, 2018-19, 5-Year Average

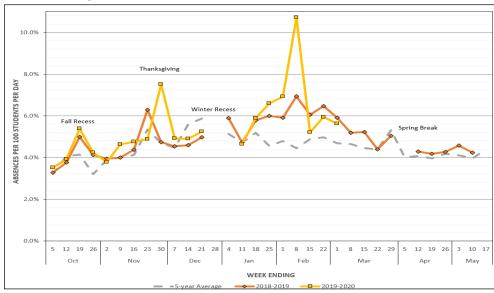
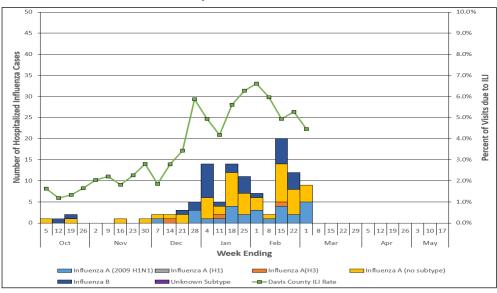


Figure 2. Influenza-like-Illness rate and Hospitalized Influenza Cases, by subtype and admission date, Davis County, 2019-20



INFLUENZA ACTIVITY IN UTAH*

Utah's influenza severity estimate remained at a *moderate* level during Week 9. There were 63 hospitalized influenza cases reported during Week 9 in the state of Utah, with a total of 1,058 cases so far this season.

Surveillance data for influenza testing in laboratories across Utah indicate that

Laboratories, 2019-20

1,008 specimens were positive for influenza during Week 9. The predominant circulating virus this week is Influenza A. Influenza B also continues to circulate.

*For more information regarding influenza activity in Utah, please visit: https://bit.ly/2Mx18cT.

Positive Specimens by Type/Subtype	Current Week		Season-to-Date	
	Number	%	Number	%
Influenza A (2009 H1N1)	46	4.6%	683	5.5%
Influenza A (H3)	0	0.0%	38	0.3%
Influenza A (no subtype)	668	66.3%	5,306	42.6%
Influenza B	294	29.2%	6,420	51.6%

1.008

12.451

Table 1. Influenza Positive Specimens Tested by Utah

VACCINE INFORMATION

CDC recommends that all persons older than 6 months of age receive an influenza vaccine by the end of October.

Flu shots are available at Davis County Health Department at no out-of-pocket cost for those *with* contracted health insurance.

For those *without* insurance:

- Adults (19+ years) can receive the flu shot for \$30.
- Seniors (65+ years) can receive high-dose Fluzone® for \$45.
- Children and adolescents (<19 years) may receive the vaccine for an \$8 fee.

For additional information, call the Immunizations Hotline at (801) 525-5020.



INFLUENZA ACTIVITY IN THE UNITED STATES**

Total

The number of hospitalizations are similar to what has been seen in past seasons, however rates in children and young adults are higher than at this time in recent seasons. During Week 8, one state reported *local* activity, one state reported *regional* activity, and 48 states (including Utah) reported *widespread* activity (see Figure 3).

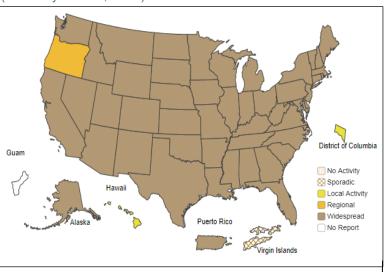
Collaborating clinical laboratories across the United States reported that 26.4% of respiratory specimens tested were positive for influenza in Week 8. Of those, 67.9% were typed as influenza A and 32.1% as influenza B.

CDC recently published the midseason estimates of the 2019-20 influenza vaccine

effectiveness. Early estimates indicate that the influenza vaccines have reduced the risk of medically attended influenza-related illness by 47%. Vaccination reduced the rate of illness due to Influenza A 2009 H1N1 by 37% and Influenza B by 50% among all ages.

**For more information regarding influenza activity nationwide, please visit: https://www.cdc.gov/flu/weekly/

Figure 3. Weekly Influenza Activity Estimates, Week 8 (February 16 - 22, 2020)



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