

# Respiratory Illness Report - Week ending January 31, 2026

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## Overview

**Influenza:** In Utah, influenza-associated hospitalizations continued to decrease and are in low severity. Influenza-like illness (ILI) remained in low severity.

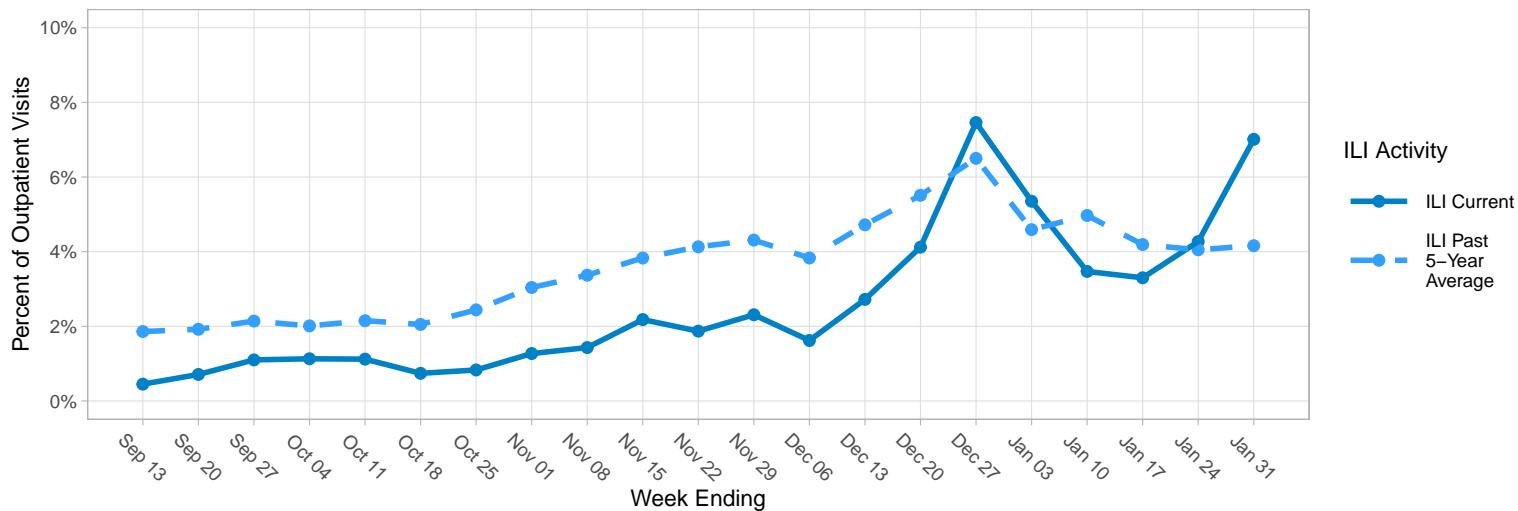
**COVID-19 Wastewater Surveillance:** As of January 27, overall statewide viral concentrations of SARS-CoV-2 in wastewater have increased. There is one site (2.9%) in the very elevated category, three sites (8.6%) in the elevated category, four sites (11.4%) in the watch category, 16 sites (45.7%) in the low category, and 11 sites (31.4%) in the very low category.

In Davis County, all four sites are either in the low or very low category. Explore statewide wastewater surveillance data and trends at <https://avrpublic.dhhs.utah.gov/uwss/>.

## Influenza-Like Illness

Graph 1 displays the weekly percentage of outpatient visits due to influenza-like illness (ILI). For comparison, the dashed line shows the previous 5-year average (2020-2024) of ILI activity. This week's ILI rate was 7%.

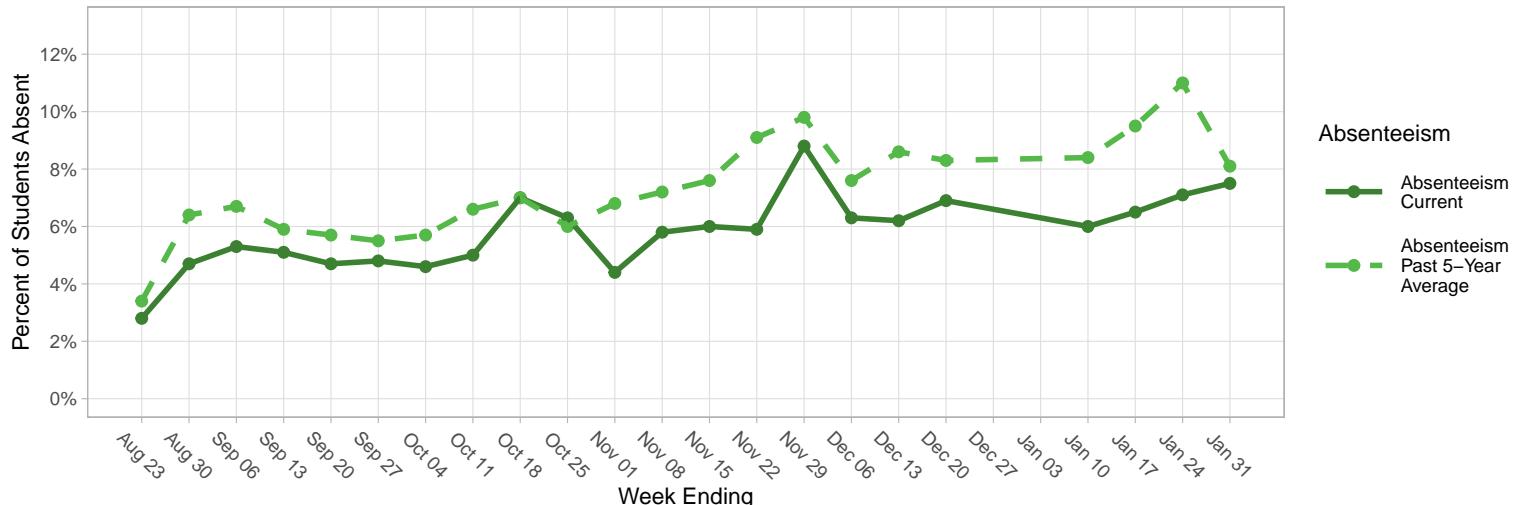
Graph 1. Percent of Outpatient Visits due to Influenza-Like Illness, by Week, Davis County, Utah



## School Absenteeism

Graph 2 displays the weekly percentage of elementary school absenteeism in Davis School District. For comparison, the dashed line shows the absenteeism rate of the previous 5 school years (school years beginning 2020-2024). This week's absenteeism rate was 7.5%.

Graph 2. Percentage of Elementary School Absenteeism, by Week, Davis School District, Utah



## Emergency Department Visits

Graph 3 displays the rolling 7 day average of the percent of emergency department (ED) visits due to COVID-19, influenza, and respiratory syncytial virus (RSV). These data are obtained from syndromic surveillance and only consider the diagnosis discharge codes for each condition. Table 1 presents two data points for each virus: the current trend of ED visits (increasing, decreasing, or no change), and the percent of ED visits due to each during the currently reported week.

Graph 3. Percent of ED Visits due to COVID-19, Influenza, & RSV, Rolling 7-day Average, Davis County, Utah

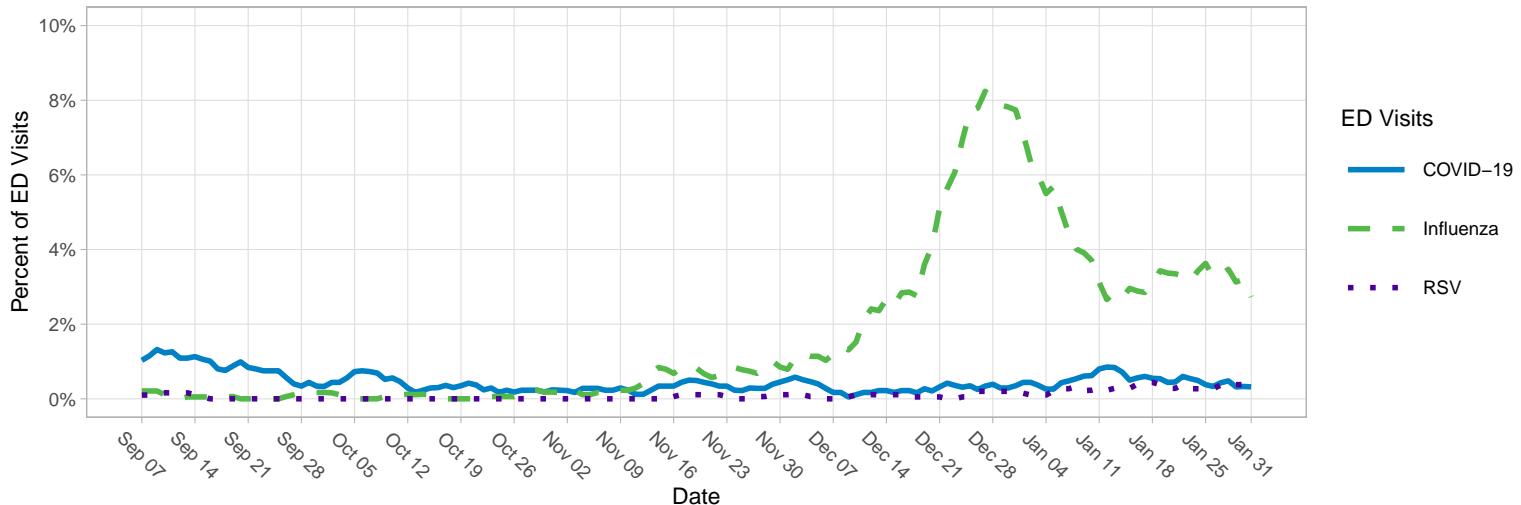


Table 1: Recent Trends of ED Visits, Davis County, Utah, for Week Ending Jan 31, 2026

Virus	Trend	Percent of All ED Visits
COVID-19	Decreasing (last 14 days)	0.3 %
Influenza	Plateau/no trend (last 14 days)	2.7 %
RSV	Plateau/no trend (last 14 days)	0.4 %

## Hospitalizations

Graph 4 displays the weekly rate of hospitalizations per 100,000 people due to COVID-19 and influenza.

Graph 4. Rate of Hospitalizations due to COVID-19 & Influenza, per 100,000 People, Davis County, Utah

