

Respiratory Illness Report - Week ending January 31, 2026

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Overview

Influenza: In Utah, influenza-associated hospitalizations continued to decrease and are in low severity. Influenza-like illness (ILI) remained in low severity.

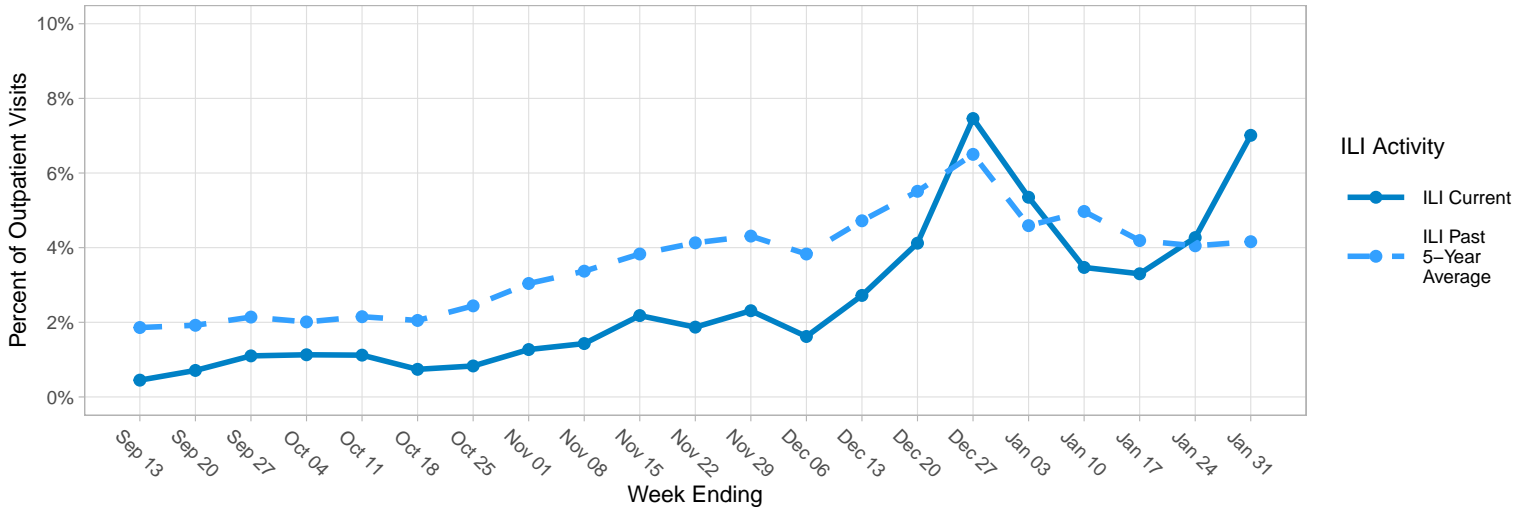
COVID-19 Wastewater Surveillance: As of January 27, overall statewide viral concentrations of SARS-CoV-2 in wastewater have increased. There is one site (2.9%) in the very elevated category, three sites (8.6%) in the elevated category, four sites (11.4%) in the watch category, 16 sites (45.7%) in the low category, and 11 sites (31.4%) in the very low category.

In Davis County, all four sites are either in the low or very low category. Explore statewide wastewater surveillance data and trends at <https://avrpublish.dhhs.utah.gov/uwss/>.

Influenza-Like Illness

Graph 1 displays the weekly percentage of outpatient visits due to influenza-like illness (ILI). For comparison, the dashed line shows the previous 5-year average (2020-2024) of ILI activity. This week's ILI rate was 7%.

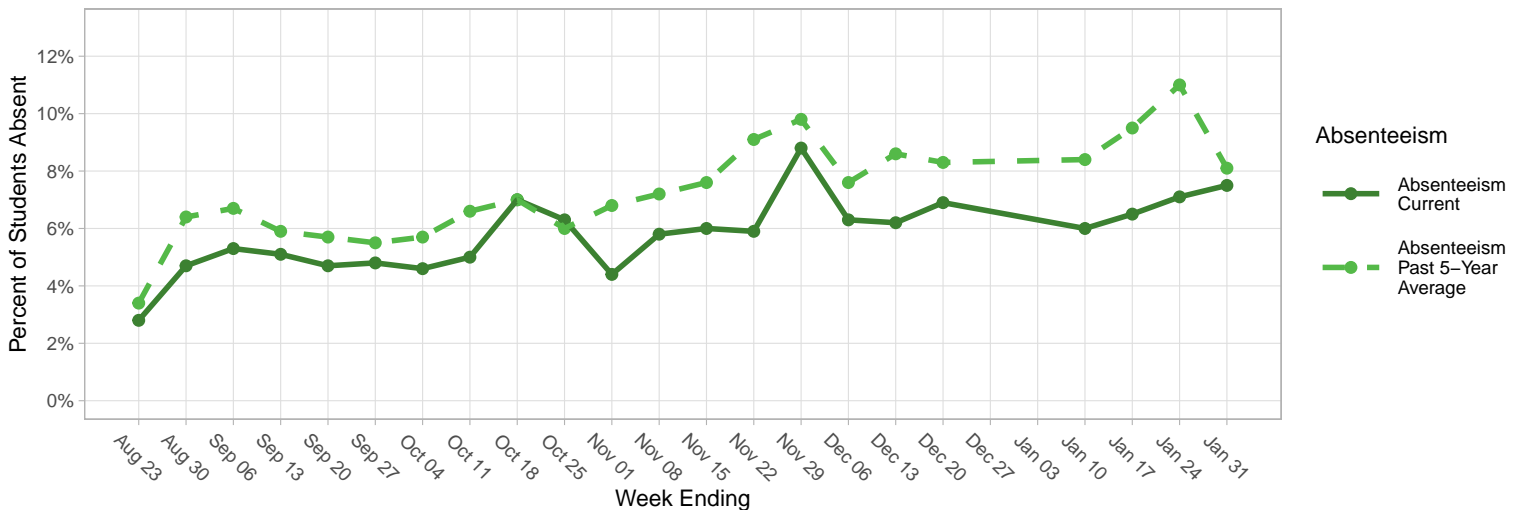
Graph 1. Percent of Outpatient Visits due to Influenza-Like Illness, by Week, Davis County, Utah



School Absenteeism

Graph 2 displays the weekly percentage of elementary school absenteeism in Davis School District. For comparison, the dashed line shows the absenteeism rate of the previous 5 school years (school years beginning 2020-2024). This week's absenteeism rate was 7.5%.

Graph 2. Percentage of Elementary School Absenteeism, by Week, Davis School District, Utah



Emergency Department Visits

Graph 3 displays the rolling 7 day average of the percent of emergency department (ED) visits due to COVID-19, influenza, and respiratory syncytial virus (RSV). These data are obtained from syndromic surveillance and only consider the diagnosis discharge codes for each condition. Table 1 presents two data points for each virus: the current trend of ED visits (increasing, decreasing, or no change), and the percent of ED visits due to each during the currently reported week.

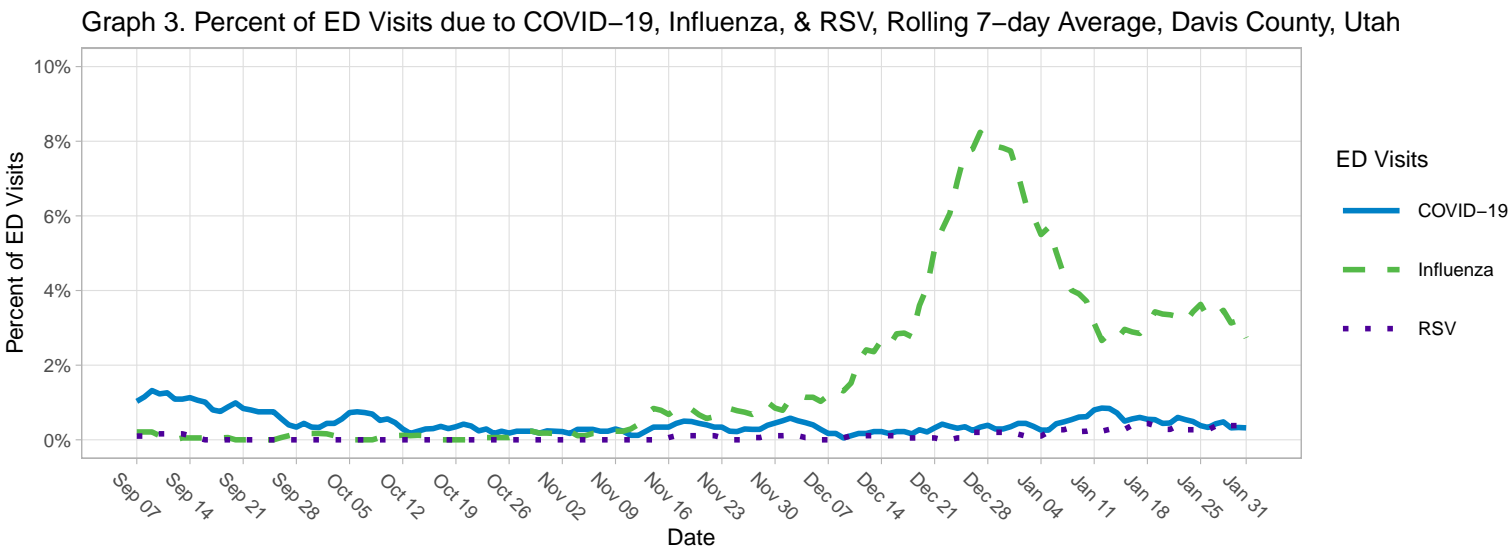


Table 1: Recent Trends of ED Visits, Davis County, Utah, for Week Ending Jan 31, 2026

Virus	Trend	Percent of All ED Visits
COVID-19	Decreasing (last 14 days)	0.3 %
Influenza	Plateau/no trend (last 14 days)	2.7 %
RSV	Plateau/no trend (last 14 days)	0.4 %

Hospitalizations

Graph 4 displays the weekly rate of hospitalizations per 100,000 people due to COVID-19 and influenza.

