

Davis County

Business Support Webinar Series

Low Risk (Yellow) Phased Guidelines

May 18 & 19, 2020



Healthy Choices. Healthy People. Healthy Communities.

Welcome!

- Data
- Resources
- Utah Leads Together 2.0 Phased Guidance, Low Risk (Yellow)
- Questions?

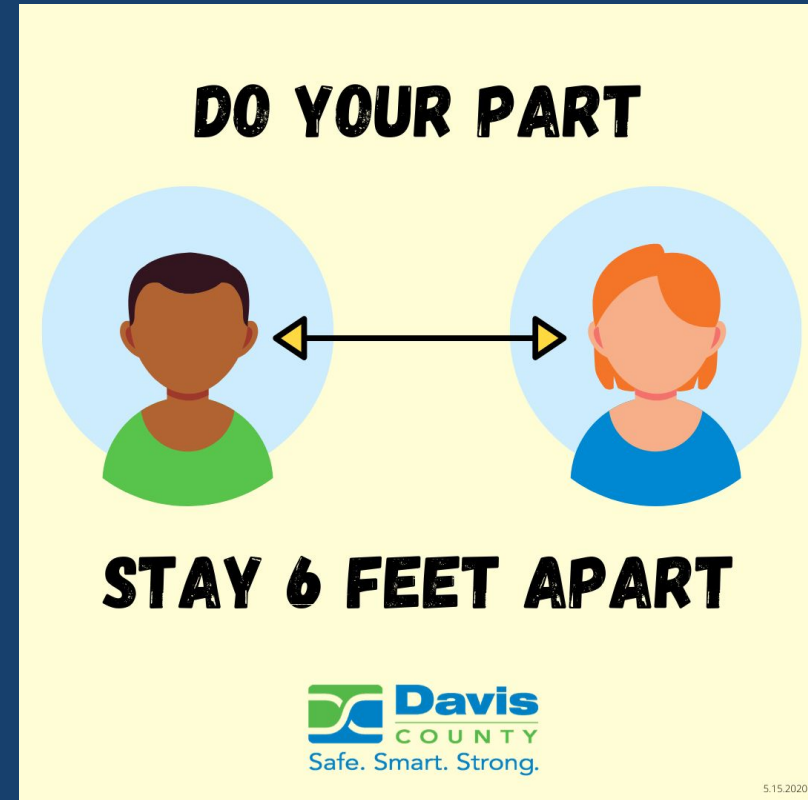
Data & Resources -

daviscountyutah.gov/coronavirus

- Data Dashboard
- FAQ
- Yellow Guidance Documents
- Posters/Signs
- Other Resources

How does COVID-19 spread?

- Mainly from person to person
- Through respiratory droplets produced when an infected person coughs or sneezes
- Spread is more likely when people are in close contact with one another
- Close contact (closer than 6 feet for 10 minutes)



Signage



DO YOUR PART!
SLOW THE SPREAD OF GERMS.



Stay home when you're sick.



Avoid touching your mouth, nose, & eyes.

Cover your cough and sneezes.



Wash your hands often.



For more information:
daviscountyutah.gov/coronavirus
Utah Coronavirus Information Line: 1-800-456-7707

FOR
YOUR SAFETY
AND OURS

Social distancing

6 feet apart



CORONAVIRUS
UTAH.GOV

HANDWASHING

is one of the

BEST WAYS

to prevent the spread of

GERMS.



Wash your hands with **SOAP**
for at least **20 SECONDS.**

For more information:
daviscountyutah.gov/coronavirus
Utah Coronavirus Information Line: 1-800-456-7707



Why do we have phased guidance?

- Utah Leads Together is a plan is designed to help businesses and individuals balance health and economy
- Guidance in Utah Leads Together 2.0 is provided by a task force with many interests in mind
- Recommendations have been given to help our state respond together to the COVID-19 pandemic



**What does it mean
that we've moved to
"YELLOW"?**



Low risk public health guidance should be followed.

- Maintain social distancing when in public settings
- Wear face coverings when social distancing is difficult to maintain
- Gatherings up to 50 if needed; smaller groups still preferred
- Limit out-of-state travel
- Symptom check before engaging in close contact
- High-risk individuals continue to follow "orange" guidelines

Yellow (Low Risk)

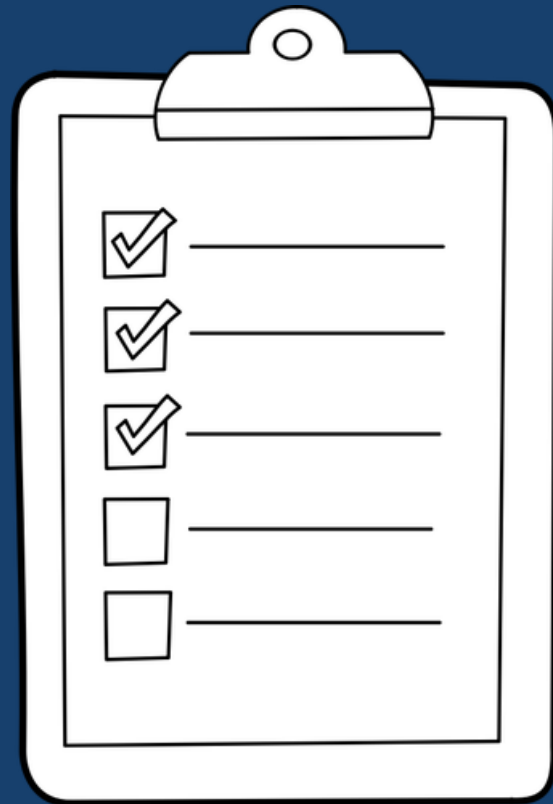
On Saturday, May 16,
Davis County moved Low
Risk (Yellow) Health
Guidance for Businesses

coronavirus.utah.gov/utahs-health-guidance-system

General Business Guidelines

Utah Leads Together 2.0 Phased Guidelines (Version 4.4)

- Pages 2, 5, 10, 20



General Business Recommendations

- Take reasonable precautions!
- Encourage remote working
- Symptoms Screening (Questionnaire/Log)
 - Exposed / Sick Employees
 - Exclusions
- Social Distance
 - Social Gatherings - 50 or fewer
- Strict Hygiene
- Clean & Disinfect
- Masks/Face Coverings
- Protect High-Risk Individuals
- Other Practices

Remote still preferred

- Encourage flexible working arrangements
 - Telework
 - Rotating shifts
- Exercise discretion when returning to on-site work
- Use online conferencing, email, or telephone in place of in-person meetings, even when people are in the same building

Encourage flexible work arrangements

Follow hygiene guidelines and continue social distancing



Symptom Screening

- Monitor employees for symptoms & well-being (see next slide)
- Employees who develop COVID-19 symptoms or get sick while at work should be separated from other employees/customers immediately
- Prohibit employees who have been instructed to isolate or quarantine from working until given health department clearance

**Have a symptom?
Get tested.**



Fever



Cough



Shortness of Breath



Muscle aches and pains



Decreased sense of smell or taste



Sore throat



CORONAVIRUS
UTAH.GOV



UTAH ASSOCIATION OF
LOCAL HEALTH DEPARTMENTS

Symptom Questionnaire & Log

- Monitor employees for symptoms and well-being (all industries)
- Symptoms include:
 - Fever of 100.4 degrees Fahrenheit or above
 - Cough
 - Trouble breathing
 - Sore throat
 - Sudden change in taste or smell
 - Muscle aches or pains
- Checklist or verbal
 - How you ask/record is up to you

Employee Self-Monitoring Guidelines During COVID-19

To ensure the safety of all employees during this time, we are asking you to begin self-monitoring for symptoms of COVID-19.

Please complete the following **before coming into work**.



TAKE YOUR TEMPERATURE

Before leaving your house, please check your temperature. Do not report to work if your temperature is 100.4°F or greater or if you are feeling feverish.



CHECK FOR SYMPTOMS

If you are experiencing a fever, cough, shortness of breath, muscle pain, sore throat, decrease sense of smell or taste or are feeling sick, stay home. Do not go to work. If needed, contact your medical provider.



ASSESS ANY EXPOSURE

If you think you may have been exposed to COVID-19 (by being in close contact with someone who had symptoms or tested positive) contact your medical provider.



Industry Specific - Taking Temperatures

- Industries falling into restaurant or gym guidance are required to take employee temperatures before shifts (dine-in only for restaurants)
- Anyone with a fever at or above 100.4 degrees Fahrenheit should not come into the establishment
- Use whatever thermometer is available to you that can be cleaned in-between users
- All other industries are not required to take temperatures, but should screen employees to see if they have a fever (verbal) or have employees take their own temperatures prior to coming into work

Exposure to COVID-19

- If someone was exposed to the virus he/she may be asked to quarantine for 14 days
- Even if he/she do not get sick while on quarantine, he/she must finish the 14 day quarantine (it can take up to 14 days to get the disease after being exposed to it)
- Davis County Health Department contacts all who have been exposed to give direction

Quarantine



Tested Positive for COVID-19

- Those testing positive that have symptoms should stay isolated from other people until:
 - Fever-free & improved symptoms for at least **3** days AND
 - At least **10** days since first getting sick
- Those testing positive that did NOT have symptoms, can stop isolation 10 days after testing positive
- Davis County Health Department contacts all who have tested positive to give direction

Self-isolation



Exclusion Letter

- Trace back efforts
 - Exposed employees excluded from work



Physical: 22 S State Street, Clearfield, UT 84015
Mailing: PO Box 618, Farmington, UT 84025
daviscountyutah.gov/health

May 18, 2020

ABC Restaurant
100 North 500 West
Davis, UT 80101

Dear ABC Restaurant Owner(s) and Operator(s),

The Davis County Health Department is aware of an employee working at your establishment who recently tested positive for COVID-19. At this time the employee who tested positive, and all employees who worked shifts concurrently with the person that tested positive, are to be excluded from work, at all locations, and instructed to quarantine themselves for 14 days.

Based on the time records obtained by the Department, the following employees may not return to work until cleared by the Department:

- Eric Olson (excluded through 5/30/20)
- Randy Taylor (excluded through 5/30/20)
- Robert Allen (exclusion undetermined)

Thank you for your assistance in this matter. If you have questions about this notification, please feel free to contact Sarah by phone at (801) 525-5206 or by email at swillardson@co.davis.ut.us.

Sincerely,

A handwritten signature in black ink, appearing to read 'Sarah Willardson'.

Sarah Willardson
Bureau Manager
Communicable Disease & Epidemiology

A handwritten signature in black ink, appearing to read 'Jay Clark'.

Jay Clark
Deputy Division Director
Environmental Health Services

Healthy Choices. Healthy People. Healthy Communities.

Social Distance

- Maintain at least a 6-foot distance from others
 - Stagger workstations
 - Do not face each other
- Limit employee to employee contact
- Minimize customer interactions and time spent in your facility
- Limit group sizes when possible

Need to meet?



Keep 6 feet

4.29.2020

 **Davis**
COUNTY
HEALTH DEPARTMENT

Strict Hygiene

- Wash hands frequently
- Make hand sanitizer, soap & water, or effective disinfectant readily available
- Avoid touching your face
- Cover coughs & sneezes
- Do not shake hands

Wash hands for 20 seconds



- After you cough or sneeze.
- After touching surfaces that are touched often (phones, doorknobs, light switches, toilet handles, sink handles, countertops, and anything metal).
- Before cooking food, eating, and after going to the bathroom.



CORONAVIRUS
UTAH.GOV



UTAH ASSOCIATION of
LOCAL HEALTH DEPARTMENTS

Clean & Disinfect

- Regularly clean & sanitize facilities
- Increase cleaning of high-touch surfaces
- Immediately clean & disinfect areas if an employee gets sick at work
- Disinfect surfaces between clients/customers



Masks/Face Coverings

- Face coverings should be worn by employees & patrons when difficult or impossible to maintain 6-foot distance from others
- May prevent the spread of virus from the wearer to others
- Important for asymptomatic spread



Masks/Face Coverings

- Wearing one is an additional public health measure
- Does NOT replace social distancing or hand washing
- Clean used face coverings daily

Cloth Face Covering Do's & Don'ts:

DO:



- ✓ Make sure you can breathe through it
- ✓ Wear it whenever going out in public
- ✓ Make sure it covers your nose and mouth
- ✓ Wash after using

DON'T:

- ✗ Use on children under age 2
- ✗ Use surgical masks or other personal protective equipment (PPE) intended for healthcare workers



cdc.gov/coronavirus

Requesting PPE

- State & Local Programs to Help
- If you are struggling to obtain PPE contact: 801-525-5200
- Link to PPE assessment & order form:

https://docs.google.com/forms/d/e/1FAIpQLSfZu9N1hwscchM57W6_xwQxtzn-gxTrbDkA2tC_q8Jku6dNQ/viewform



When are masks/face coverings required?

- Face coverings should be worn by employees and patrons when difficult or impossible to maintain 6-foot distance
 - Dine-in services (employees)
 - Personal services (employees and patrons), exception when mask interferes with service
 - Gyms (employees working within 6 feet of patrons)
 - Retail (encouraged)
- Make face coverings available to employees if social distancing cannot be practiced

High-Risk Individuals

Provide accommodations:

- Allow for remote work when possible
- Implement flexible work hours or staggered shifts
- Minimize face-to-face contact
- Assign tasks that allow for a 6-foot distance from others

High-Risk Individuals:

- ✓ People aged 65 years and older.
- ✓ People who live in a nursing home or long-term care facility.
- ✓ People with chronic lung disease or moderate to severe asthma.
- ✓ People who have serious heart conditions.
- ✓ People who are immunocompromised including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, people living with HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications.
- ✓ People of any age with severe obesity (body mass index [BMI] >40) or certain underlying medical conditions, particularly if not well controlled, such as those with diabetes, renal failure, chronic kidney disease undergoing dialysis, or liver disease.
- ✓ People who are pregnant should be monitored since they are known to be at risk with severe viral illness, however, to date data on COVID-19 has not shown increased risk.

Other Practices

- Avoid hand shaking or unnecessary physical contact
- Consider other practices that protect employees (e.g., contactless pay options, partitions, non-punitive leave policies, doors propped open, etc.)
- Limit unnecessary travel; follow CDC travel health information guidelines
 - Quarantine 14 days upon return from high-risk areas



COVID-19 Things to Remember

We are still learning about the virus that causes COVID-19



There is currently no vaccine to prevent COVID-19



The best way to prevent illness is to avoid being exposed to this virus



Take extra precautions for high-risk populations



Individual responsibility



Questions for Davis County Health Department?

Environmental Health Line: 801-525-5128

(Business Questions)

Nurses Line: 801-525-5200

(Worksite Exposures, Positive Cases
& Quarantine)

Visit our website:

daviscountyutah.gov/coronavirus



Questions

Davis County Economic Development:
[801-451-3216](tel:801-451-3216)

Small Business Development Center:
[801-593-2102](tel:801-593-2102)

Commercial Rental Assistance Program:
business.utah.gov/utah-covid-19-commercial-rental-assistance-program

Business Assistance:
northernutaheconresponseteam.com



Industry Specific

Day Care

- Limit mixing of the groups of children, children from same household are kept in the same group
- Don't use toys that can't be washed and disinfected
- Clean and sanitize high touched surfaces
- Confirmed case may be closed
- All individuals must wash hands upon arrival
- Children and staff are screened for symptoms
 - No symptomatic children allowed or staff
- Must restrict offsite activities (social distancing)
- Masks requirements
- [Utah Child Care Resources](#)
- [CDC Guidance for Child Care Programs that Remain Open](#)

Gyms

- Symptom check participants prior to each competition or practice
- Limit spectators so social distancing guidelines can be adhered to
- Employees working within 6 feet of patrons must wear face coverings
- Patrons of different households must maintain 10 feet of distance at all times (limit the number of patrons, space or close off equipment accordingly)
- Make chemical disinfectant supplies available throughout the establishment and post signs encouraging patrons to thoroughly disinfect equipment after use
- Follow pool guidance; swim team and swim lessons are allowed as long as social distancing is allowed on pool deck

Retail (including grocery stores, pharmacy, convenience stores)

- Face coverings
- Signage for social distancing
- Assign an employee to disinfect carts and baskets regularly
- Make hand sanitizer available
- Set established time for high-risk individuals
- One-way aisles to support social distancing
- Deliver curbside when possible
- Pharmacy - waive prescription delivery fee for high-risk individuals
- Grocery - self service restaurant guidelines excludes produce
- Grocery - allow reusable bags

Personal Services (including barbers, cosmetologists, body artists, nail technicians, etc.)

- Meticulous monitoring of symptoms
- Symptom checking of all staff at the beginning of each shift, with a log that can be made available for inspection by health department
- Taking temperatures is not required, but helpful for screening
- You choose how to keep a log/record (let us know if you want a template)
- Training centers (schools/colleges) follow all applicable Utah Leads Industry Guidelines (e.g., schools, restaurants, personal services)

Personal Services (including barbers, cosmetologists, body artists, nail technicians, etc.)

- Screen clients upon entering the facility with a questionnaire asking about symptoms, travel, and any sicknesses in the home (checklist or verbal)
 - ❑ Do you have any of the following symptoms: fever or chills, cough, shortness of breath or difficulty breathing, body aches, new loss of taste or smell, or sore throat?
 - ❑ Have you had close contact with or cared for someone diagnosed with COVID-19 within the last 14 days?
 - ❑ Is anyone in your household currently sick?
 - ❑ Have you visited or traveled to a place in the last 14 days where COVID-19 is spreading?
 - ❑ Have you traveled internationally or outside of the state in the last 14 days?

Personal Services (including barbers, cosmetologists, body artists, nail technicians, etc.)

- Both service provider and client wear face covering
- Disinfect between clients
 - Adjust appointments
- Customer contact information required
- Encourage contactless payment
- Symptom checking with log

Restaurants

- Dine-in service and bars are opened, with tables arranged so there is appropriate distance between diners
- Increased hygiene practices for customers and staff
- Appendix A: Guidelines for Dine-in Restaurants Open in Moderate and Low Risk (page 20)
- For takeout services:
 - Symptom checking
 - Staff wear face coverings
 - Stagger workstations to maintain social distancing
 - Encourage contactless payment (disinfect between transactions)
 - Customers voluntarily provide contact information

Appendix A: Guidelines for Dine-in Restaurants Open in Moderate & Low Risk

Phased Guidelines for the General Public and Businesses
to Maximize Public Health and Economic Reactivation

Appendix A: Guidelines for Dine-in Restaurants Open in Moderate and Low Risk

Operational Practice

- Limit tables to groups of 10, preferably members of the same household
- Groups of patrons at a table must maintain a distance of 6 feet from patrons of other parties at all times. Either move tables or mark off tables not to be used
- In waiting areas, a 6-foot distance must be maintained between parties, whether indoor or outdoor
- Maintain signage to remind individuals from separate parties to stand at least 6 feet apart; waiting area has floor markers to indicate proper spacing
- Hosts preferably open doors for customers and guide them to their seats to prevent traffic or congregating; hand sanitizer available at door
- Recommendation that upon entry, hosts point guests to signage that includes the following information:
 - Outlines symptoms¹⁰ and encourages that if the patron, or someone they live with, has experienced COVID-19 symptoms, to please order takeout instead
 - Recommendation for high-risk individuals¹¹ to order takeout/delivery instead of dining in for the protection of that individual
- Manager checks each employee for symptoms before every shift with temperatures taken and asks if any member of the employee's household has tested positive for COVID-19 in the past 14 days. Log must be kept and available for inspection by the local health officer
- Staff must wear face coverings at all times and perform hand hygiene between interactions with each table
- Cups, lids, napkins and straws must be handed directly to customers by staff
- Do not place utensils on table until patron is seated
- Encourage contactless and non-signature payment; when not possible, card and payment stations must be sanitized after each use. Staff must sanitize hands between handling payment options and food/containers
- Staff avoid touching items that have been placed on the table (menus, plates, utensils, pens, cups, etc.). The table will be cleared by a dedicated staff member once all guests have left
- Dedicated staff member sanitizes the area occupied by customers upon departure including tables, menus, pens, salt and pepper shakers, etc. Consider use of disposable items if necessary
- The restaurant may not operate if PPE, EPA-approved disinfectants and sanitizers, soap, and other necessary cleaning supplies are not available; sanitizer is effective against COVID-19. Chlorine (bleach) at 100-200 ppm is recommended
- Hand sanitizer must be available immediately adjacent to bathrooms
- Close restaurant for cleaning and disinfecting in the morning, afternoon, and evening. Cleaning and disinfecting includes all tables, chairs, door handles, floors, bathrooms, and any high-touch surfaces
- Buffet and self-serve restaurants will provide utensils, cups, plates and other service items only from the counter where food is ordered. None of these items will be accessible to the public. Buffet style restaurants will provide servers who will serve the meals from buffet to limit exposure
- Stagger workstations so employees are not facing one another and are 6 feet apart unless barriers are used, or face coverings are worn
- To-go boxes, pizza boxes, paper cups, and any other paper product that touches food must be treated as food
- Staff must use gloves when handling ready-to-eat foods (including ice). Gloves are not required when handling foods that have yet to be cooked
- Indoor playgrounds in restaurants remain closed

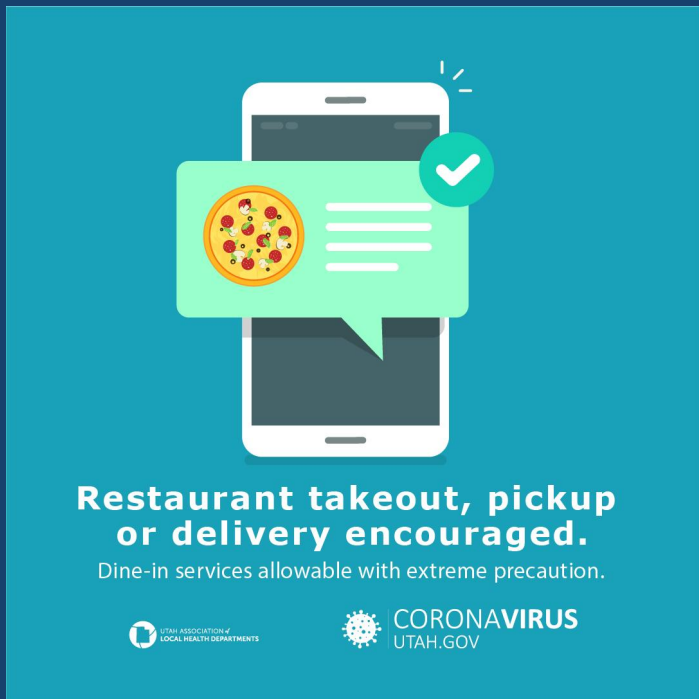
¹⁰ Symptoms include fever of 100.4 degrees Fahrenheit or above, cough, trouble breathing, sore throat, sudden change in taste or smell, muscle aches or pains

¹¹ High-risk individuals are defined as people 65 years and older, people who live in a nursing home or long-term care facility, people of all ages with underlying medical conditions, including lung disease or moderate to severe asthma, people who have serious heart conditions, people who are immunocompromised (many conditions can cause a person to be immunocompromised, including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications), people with severe obesity, diabetes, chronic kidney disease undergoing dialysis, or liver disease

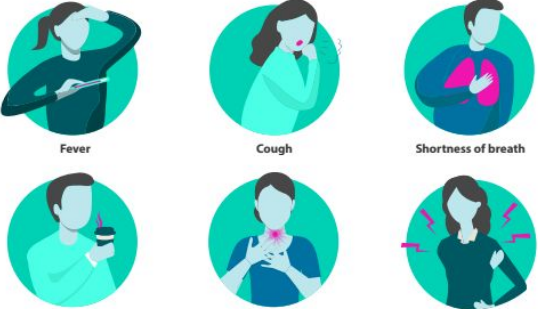
Restaurant - Appendix A Highlights

- Limit tables to groups to 10 (same household preferred)
- Maintain 6 feet distance between groups/tables (waiting areas)
 - Signage reminders
- Host encourages takeout
- Manager checks employees for symptoms
- Staff wear masks at all times when interacting with customers
- No self serve of cups, lids, napkins, and straws
- Avoid touching items that are placed on tables
- Dedicated staff member to sanitize (buser)
- To-go containers, cups, and paper products treated like food items
- Indoor playgrounds remain closed

Restaurant Signage



FOR YOUR SAFETY AND OURS



Illustrations of six people showing symptoms of COVID-19: Fever (head sweating), Cough (coughing), Shortness of breath (holding chest), Loss of sense of smell or taste (holding nose), Sore throat (holding throat), and Muscle aches and pains (holding back in pain).

Fever **Cough** **Shortness of breath**

Loss of sense of smell or taste **Sore throat** **Muscle aches and pains**

To protect yourself and others, please use our takeout or delivery services instead of dining in if you have symptoms of COVID-19 or are a person at high-risk. Thank you.

People at high-risk include: those 65 years and older, those who live in senior living facilities, those of any age with underlying medical conditions, such as chronic lung disease, asthma, heart conditions, severe obesity, chronic kidney disease, liver disease, or are immunocompromised (undergoing cancer treatment, have had a bone marrow or organ transplant, have immune deficiencies, people living with HIV or AIDS, those who smoke, and those who have used medicines for long periods of time, such as corticosteroids or other medicines known to weaken the immune system).

UTAH ASSOCIATION OF LOCAL HEALTH DEPARTMENTS

CORONAVIRUS
UTAH.GOV

Food Establishments: Employee Safety & COVID-19



COVID-19 (coronavirus disease 2019) is a respiratory disease that affects the lungs. It can be spread from person-to-person through respiratory droplets that come from coughing or sneezing within a close distance (about six feet) from another person. You can help protect your employees by taking precautions to slow the spread.

Screen employees daily for illness

- Management must ensure that no one with symptoms of illness be permitted to work and should send employees home if they start showing symptoms of illness while at work.
- All employees should check their temperature before working. Those with a temperature of 100.4°F or higher, or those who feel feverish, should not come to work.
- Any person who is ill should not enter your establishment.

Keep the establishment clean

- Continue to follow all previous routine cleaning requirements.
- Regularly clean and sanitize high-touch surfaces (i.e., counter tops, cash registers, door knobs).
- Close your establishment to conduct routine deep cleaning with EPA-recommended cleaners. To see which cleaners are effective against COVID-19, visit: <https://go.usa.gov/xvb5f>.

Practice social distancing

- Employees should consistently stay at least 6 feet away from others in the establishment.
- Limit the number of employees in the establishment, when possible.
- Do not allow customers to gather in groups inside or outside of your establishment.
- Limit the number of customers in your establishment at one time.

Updated 5.12.2020

1

Self-quarantine if you were exposed to COVID-19

- Self-quarantine means to separate yourself from others because you may have been exposed to an illness. It helps to prevent the spread of the virus.
- If you worked with someone who tested positive for COVID-19, you should self-quarantine at home for **14 days** from the time of exposure (the date you were last around them).
- Stay at home and do not visit public places, including work, church, etc.
- Monitor yourself for symptoms, including fever, cough, shortness of breath, body aches, abdominal pain, and diarrhea.
- If you live with other people, try to use a separate bedroom and bathroom.
- Use good hygiene by washing your hands regularly and covering coughs.
- If you develop symptoms, contact your healthcare provider.
- You may need to get tested for COVID-19.

Self-isolate if you test positive for COVID-19

- If you tested positive for COVID-19, you should self-isolate, or separate yourself from others, until you have been cleared by the health department.
- The health department will work with you to help monitor your symptoms.
- You cannot go back to work until:
 - it has been at least 3 days (72 hours) since recovery, defined as no longer having a fever (without taking fever-reducing medications) and having improvement in respiratory symptoms
 - and -
 - at least 10 days have passed since symptoms first appeared
- If you do not have any symptoms, but have tested positive, you cannot go back to work until at least 10 days have passed since your test date.
- If you need immediate medical attention, notify the medical facility (before arriving) that you have tested positive for COVID-19.

For more information, visit:

daviscountyutah.gov/coronavirus

Updated 5.12.2020

2