
DAVIS COUNTY

Mental, Emotional & Behavioral Health
Youth Services Directory
2021



Table of Contents

CRISIS & INFORMATION LINES.....	1
ONLINE RESOURCES.....	3
HOSPITALS & CLINICS.....	4
MENTAL HEALTH COUNSELING & SUBSTANCE ABUSE SERVICES	7
SUPPORT GROUPS.....	19
TRAININGS & CLASSES.....	26
ABOUT THIS DIRECTORY.....	30

**CRISIS &
INFORMATION LINES**

Child Find (24 Hour)
800-426-5678

Davis Behavioral Health
(24 Hour)
801-773-7060

**Domestic Violence
Information Line**
800-897-5465

**Emotional Health Relief
Hotline**
833-442-2211

Lifeline for Youth
801-936-4000

**Mobile Crisis Outreach (Davis
Behavioral Health)**
801-773-7060

**National Center for Missing &
Exploited Children** (24 Hour)
800-843-5678

National Child Abuse Hotline
(24 Hour)
800-422-4453

**National Teen Dating
Specialized Abuse Treatment**
866-331-9474

**National Runaway
Switchboard**
800-786-2929

Poison Control Center
800-222-1222

Rape Crisis Center (Statewide)
888-421-1100

**Receiving and Engagement
Center**
801-513-2800
receivingcenter@dbhutah.org
The Receiving and Engagement
Center is a community-based
crisis center serving individuals
experiencing mental health,
behavioral, or substance related
crisis or distress.

Safe Harbor Crisis Center
Crisis: 801-444-9161
Business: 801-444-3191

**SAFEUT Crisis Text & Tip
Line**
1-800-273-8255
Download Mobile App
uofuhealth.org/safeut

**Stabilization & Mobile
Response**
For any child, parent, or
caregiver needing support in
times of crisis.
1-833-SAFE-FAM
1-833-723-3326

Suicide Prevention Lifeline
800-273-8255

Trevor Project (Suicide
Prevention)
866-488-7386

**Utah Child & Family Services
Abuse & Neglect Report:**

855-323-3237

Bountiful Office: 801-397-7640

Clearfield Office: 801-776-7300

**Utah Coalition Against Sexual
Assault**

801-746-0404

Utah Strong Recovery Project

385-386-2289

ONLINE RESOURCES**The American Foundation for Suicide Prevention**

<https://afsp.org/>

Davis4Health

<http://www.daviscountyutah.gov/healthresourcelocator/resource-locator>

Davis Behavioral Health

dbhprevention.org

Emotional Resilience, The Church of Jesus Christ of Latter-day Saints

<https://www.churchofjesuschrist.org/self-reliance/course-materials/emotional-resilience-self-reliance-course-video-resources>

Fight the New Drug

fightthenewdrug.org

Make the Connection (Veterans Mental Health Resources)

<https://maketheconnection.net/>

Medicaid (Online Application)

<https://medicaid.utah.gov/apply-medicaid>

Mindweather 101

<http://www.alloflife.org>

Northern Utah Hope Task Force

<https://nuhopeutah.org/>

Postpartum Support International – Utah (also known as Utah Maternal Mental Health Collaborative)

<https://www.psiutah.org/>

Psychology Today

<https://www.psychologytoday.com/us/therapists/utah>

Utah Suicide Prevention Coalition

<https://utahsuicideprevention.org/>

HOSPITALS & CLINICS**Benchmark Behavioral Health Systems**

592 W. 1350 S.
Woods Cross, UT 84087
801-299-5319
www.bbhsnet.com

Serves a diverse population of adolescent and young adult males, ages 13-20 through various inpatient programs.

Davis Hospital and Medical Center

1600 W. Antelope Drive
Layton, UT 84041
801-807-1000
www.davishospital.com

Provides inpatient psychiatric treatment to those 18 years of age and older.

Intermountain Bountiful Clinic

390 N. Main Street
Bountiful, UT 84010
801-294-1000
www.intermountainhealthcare.org

Full-spectrum family medicine, including maternal care, pediatrics, adult, and geriatric medicine. Depression, suicide prevention and medication-assisted treatment for substance use disorders. Languages: English & Spanish

Intermountain Layton Clinic

2075 University Park Boulevard
Layton, UT 84041
801-779-6200
www.intermountainhealthcare.org

Pediatric mental health condition services.

Lakeview Hospital

630 Medical Drive
Bountiful, UT 84010
801-299-2200
www.lakeviewhospital.com

The Adult Behavioral Medicine Unit at Lakeview Hospital is a short-term, comprehensive inpatient psychiatric program. Provides treatment for individuals ages 18-64.

Layton Hospital

201 W. Layton Pkwy
Layton, UT 84041
801-543-6000
www.laytonhospital.org
www.intermountainhealthcare.org

Layton Hospital provides emergency services; cancer care; surgical services; women and newborn care; and Primary Children's outpatient services.

LDS Hospital

8th Avenue & C Street
Salt Lake City, UT 84143
801-408-1100
www.intermountainhealthcare.org

Provides a broad range of behavioral health treatment options, from crisis management services, inpatient psychiatric services, and outpatient psychiatry referral services, and Dayspring, an inpatient chemical dependency treatment unit.

McKay-Dee Hospital

4401 Harrison Boulevard
Ogden, UT 84403
801-387-2800

www.intermountainhealthcare.org

Offers several behavioral health programs for children, adolescents, and adults. Includes various programs designed for inpatient care, outpatient care, or counseling services.

McKay-Dee Behavioral Health Clinic

3903 Harrison Blvd #300,
Ogden, UT 84403
(801) 387-5600

www.intermountainhealthcare.org

Provides high-quality and compassionate behavioral health care close to home. Our doctors specialize in mental health services including Bipolar, Depression, PTSD, and more.

Midtown Community Health Center

22 S. State Street, Suite 1007
Clearfield, UT 84015
801-393-5355

www.midtownchc.org

Counseling and prescription services are offered at multiple Midtown locations. Services are available in English and Spanish. Payment options: Private Insurance, Medicaid, Medicare, and sliding scale fee for uninsured patients.

Ogden Clinic - Davis Family Physicians

3225 W. Gordon Ave #1
Layton, UT 84041
801-397-6150

www.ogdenclinic.com

Specializes in giving babies, kids, and adolescents the most thorough pediatric care close to home.

Ogden Clinic – Grandview

3485 W. 5200 S.
Roy, UT 84067
801-475-3900

www.ogdenclinic.com

Specializes in pediatric care for babies, kids, and adolescents.

Rocky Mountain Wellness Center

Dr. Green
780 S. 2000 W., Building A Suite 101
Syracuse, UT 84075
801-683-9553

www.myutahwellness.com

Specializes in Neurofeedback Therapy for the alleviation of symptoms such as anxiety, depression, insomnia, panic attacks, difficulty focusing, headaches etc.

Tanner Clinic

2121 N.1700 W.
Layton, UT 84041
801-773-4840

www.tannerclinic.com

Provides pediatric (infant, children, and adolescent) behavioral healthcare.

Utah Addiction Medicine and Counseling

440 S. Medical Drive
Bountiful, UT 84010
801-294-8288
www.utahamc.com

Counseling and treatment for substance abuse disorders. Serves ages 18+.

Westside Medical

1477 N. 2000 W., Suite C
Clinton, UT 84015
801-774-8888
www.westsidemedical.org

With our friendly and caring doctors and staff, we provide urgent care and preventative medical care for your entire family.

Westside Pediatrics

1477 N. 2000 W., Suite B
Clinton, UT 84015
801-773-4865
www.facebook.com/westsidopediatric/

We have board certified providers who are dedicated to quality and compassionate care. We take all insurances, walk-ins, and same day appointments. We specialize in newborn care, behavioral health such as ADHD, depression, anxiety, and adolescent care.

MENTAL HEALTH COUNSELING & SUBSTANCE ABUSE SERVICES

All Things Anxiety– Jeff Gregson

251 S. Mountain Rd
Fruit Heights, UT 84037
801-923-8855

kallen.allthingsanxiety@gmail.com
www.allthingsanxiety.com

Jeff Gregson is a private practice clinical mental health counselor who specializes in the treatment of OCD, anxiety and depression.

- **Average Cost:** \$155 per session
- **Payment Type:** Cash/self-payment
- **Age Group:** Children to Seniors

APD Counseling

447 N. 300 W., Suite 7
Kaysville, UT 84037
801-991-0628

stevepritt@gmail.com

Mood disorders, anxiety disorders, personality disorders, substance abuse disorders and trauma/abuse. Visit the APD Counseling Facebook page to learn more about the specific services available. Telehealth only.

- **Average Cost:** \$75-125 per session
- **Payment Type:** Cash/self-payment, or private insurance (sliding scale fee for low income)
- **Age Group:** 12+ to adults

Arrowhead Stables

897 S. Angel Street
Layton, UT 84041
801-368-7077

www.arrowheadtherapyhorses.com
kim.connect17@gmail.com

Arrowhead Stables offers equine-assisted therapy in Layton. Equine-assisted therapy can be effective for those struggling with anxiety, depression, substance abuse, trauma, and autism. They offer both individual and group sessions for children and adults. Non-therapeutic horsemanship lessons are also offered.

- **Office Hours:**

Monday-Friday 9am-6pm
Saturday 9am-5pm

- **Payment Type:** Cash/self-payment, private insurance, or Medicaid
- **Age Group:** Children to seniors

Aspire: A Network of Independent Counseling Professionals

2317 N. Hill Field Road, Suite 103
Layton, UT 84041

More locations in Layton and Kaysville
801-525-4645

www.aspireUT.com

Aspire provides a broad range of treatment options for clients of all ages. Individual, family, play, and marriage/couple therapy options are available.

- **Languages:** English and Spanish
- **Average Cost:** \$100-150 per session
- **Payment Type:** Cash/self-payment, most major insurances
- **Age Group:** Children to seniors

Bountiful Health Center

415 Medical Drive, Suite C100

Bountiful, UT 84010

801-292-2389

www.craigberthold.cominfo@craigberthold.com

Other providers available

Psychotic disorders, mood disorders, anxiety disorders, personality disorders, substance abuse disorders, and trauma/abuse. Visit their website to learn more.

- **Average Cost:** \$160-210 per session
- **Payment Type:** Cash/self-payment
- **Age Group:** Adolescents to seniors

Center for Growth and Potential

1785 E. 1450 S., Suite 250

Clearfield, UT 84015

801-773-0535

www.centerforgrowthandpotential.comcenterforgrowthandpotential@gmail.com[m](#)

Psychotic disorders, mood disorders, anxiety disorders, personality disorders, trauma/abuse, neurofeedback and biofeedback.

- **Average Cost:** \$105-175 per session
- **Payment Type:** Cash/self-payment or private insurance
- **Age Groups:** Children to seniors

Changes Individual and Relational Therapy

240 N. East Promontory, Suite 214

Farmington, UT 84025

801-543-2120

www.emilharker.comemilharker@gmail.com

Psychotic disorders, mood disorders, anxiety disorders, personality disorders, trauma/abuse, pornography addiction, affair, infidelity, marriage, and communication.

- **Average Cost:** \$200 per session
- **Payment Type:** Cash/self-payment
- **Age Groups:** Adolescents to seniors

Austin M. Chiles, PhD

447 N. 300 W., Suite 7

Kaysville, UT 84037

801-721-7878

psycheemann@yahoo.com

Mood disorders, anxiety disorders, personality disorders, and trauma/abuse. To learn more about Austin M Chiles PhD, please use the contact information provided.

- **Languages:** English and Spanish
- **Average Cost:** \$51-75 per session
- **Payment Type:** Cash/self-payment, Medicare, or private insurance (sliding scale fee for low income)

Davis Behavioral Health

934 S. Main Street, Suite 6
 Layton, UT 84041
 801-773-7060
www.dbh Utah.org

Psychotic disorders, mood disorders, anxiety disorders, personality disorder, and trauma/abuse, substance use and behavior concerns.

- **Languages:** English, Spanish, and translators are available
- **Average Cost:** \$0-25 per session
- **Payment Type:** Cash/self-payment, private insurance, or Medicaid (sliding scale fee for low income)
- **Ages:** Children to Seniors

Davis Community Learning Center

210 E. Center Street
 Clearfield, UT 84015
 801-402-8395
www.davis.k12.ut.us/Domain/8677
worme@dsdmail.net

Limited Services: Must be referred by school principal/counselor. Only available at selected elementary schools. (List changes dependent on current grants). Mood disorders, anxiety disorders, personality disorders, substance abuse disorders, and trauma/abuse. To learn more about the Davis Community Learning Center please use the contact information provided.

- **Languages:** English and Spanish
- **Payment Type:** Medicaid, Medicare, private insurance, or free (sliding scale fee for low income)
- **Age Group:** Children-seniors

Davis School District

70 E. 100 N.
 Farmington, UT 84025
 801-402-5160
www.davis.k12.ut.us
bchristensen@dsdmail.net

Mood disorders, anxiety disorders, substance abuse, and trauma/abuse. To learn more about the Davis School District services, please visit the link provided.

- **Languages:** English and Spanish
- **Average Cost:** Not Applicable
- **Age Groups:** Children to adolescents

Elevations Residential Treatment Center

2650 W. 2700 S.
 Syracuse, UT 84075
 801-773-0200
www.elevationstrtc.com
lburt@elevationstrtc.com

Mood disorders, anxiety disorders, personality disorders, substance abuse, ADHD, depression, anxiety and trauma/abuse.

- **Age Group:** Adolescents

Empowerment Counseling

370 S. 500 E., Suite 170

Clearfield, UT 84015

801-603-2547

www.empowermentcounselingservices.com
info@empowermentcounselingservices.com

Psychotic disorders, mood disorders, anxiety disorders, high conflict divorce, ADHD, depression, anxiety and trauma/abuse.

- **Average Cost:** \$100-125 per session
- **Payment Type:** Cash/self-payment, private insurance or Medicaid (sliding scale fee for low income)
- **Age Group:** Children to seniors

Expansive Health Services

1576 S. 500 W.

Bountiful, UT 84010

801-309-8837

www.expansivehealthservices.com
michaelsboucklcswh@gmail.com

Diagnostic evaluation, treatment planning, individual, couples, family therapy, mood disorders, adolescents, and integrative health.

- **Office Hours:**
Monday 8am-5pm
Tuesday 5am-9pm
Friday 8am-5pm
- **Average Cost:** \$150 for evaluation and \$125 per session
- **Payment Type:** Cash/self-payment and church organization
- **Age Group:** Adolescents to seniors

Family Counseling Services of Northern Utah

3518 Washington Blvd.

Ogden, UT 84403

Phone: 801-399-1600

www.fcshealing.org

Psychological disorders, mood disorders, anxiety disorders, personality disorders, and trauma/abuse.

- **Languages:** English and Spanish
- **Average Cost:** \$25-75 per session
- **Payment Type:** Cash/self-payment, private insurance, or foundation money (sliding scale fee for low income)
- **Age Group:** Children to seniors

Grandview Family Counseling

1576 S. 500 W.

Bountiful, Utah 84010

801-406-9002

www.grandviewfamilycounseling.com

Our specialties include: play therapy, trauma, abuse, grief, anxiety, depression, ADHD, behavioral issues, couples therapy, addiction and life adjustments. We have a linkage agreement with the Children's Justice Center to provide counseling to children and their caregivers who have experienced, abuse, trauma and grief associated with traumatic death.

- **Age Group:** Children to adults
- **Insurances Accepted:** Select Health, Blue Cross/Blue Shield, DMBA, EMI, AETNA, United Behavioral Health, PEHP, University of Utah, UNI Behavioral, crime victim reparations, clergy pay

Innovate Mental Health Solutions

124 Fairfield Rd
Layton, UT 84041
801-658-0426

www.dwighthurst.com
dwighthurst@gmail.com

Mood disorders, anxiety disorders, personality disorders, and trauma/abuse.

- **Average Cost:** \$76-100 per session
- **Payment Type:** Cash/self-payment, private insurance, or foundation money (sliding scale fee for low income)
- **Age Group:** Children to seniors

Julander ISP, Katie Julander

1133 N. Main, Suite 127
Layton, UT 84041
385-298-7185

julanderisp@gmail.com

Specializes in the treatment of trauma and working with military families.

- **Average Cost:** \$135 per session
- **Payment Type:** Cash/self-payment, Blue Cross Blue Shield, Select Health, Tricare, Molina, EMI, and United Health Care
- **Age Group:** 16 and up

JWH Thrive Inc.

2363 N. Hill Field Road, Suite 5
Layton, UT 84041
801-525-4645

www.aspireut.com
aspirecounselingservices@gmail.com

Mood disorders, anxiety disorders, substance abuse, trauma/abuse, sexual addiction/compulsion, anger, and infidelity. To learn more about JWH Thrive Inc., please use the contact information provided.

- **Languages:** English and Spanish
- **Average Cost:** \$101-125 per session
- **Payment Type:** Cash/self-payment or private insurance
- **Age Group:** Adolescents to seniors

Kay Psychology and Consulting Services

1601 N. Hill Field Road, Suite 201
Layton, UT 84041
801-776-1303

www.kaypsych.com
steven@kaypsych.com

Sessions in person and via telehealth. Mood disorders, anxiety disorders, personality disorders, ADHD, psychological evaluations, and executive coaching.

- **Average Cost:** \$100 per session
- **Payment Type:** Cash/self-payment, Medicare, or private insurance
- **Age Group:** Children to adults

LDS Family Services

94 E. Pages Lane, Suite A
 Centerville, UT 84014
 801-294-0578
 930 W. Hill Field Road, Suite A
 Layton, UT 84041
 801-336-3040
providentliving.churchofjesuschrist.org

Mood disorders, anxiety disorders, substance abuse, personality disorders, and trauma/abuse.

- **Languages:** English and Spanish
- **Average Cost:** \$0-80 per session
- **Payment Type:** Cash/self-payment, or church organization
- **Age Group:** Adolescents to adults

LeafCrest Counseling

506 S. Main Street, Suite 100
 Bountiful, UT 84010
 801-510-6864
www.leafcrestcounseling.com
leafcrest@ymail.com

Mood disorders, anxiety disorders, substance abuse, personality disorders, and trauma/abuse.

- **Average Cost:** \$85-125 per session
- **Payment Type:** Cash/self-payment, Medicaid, or private insurance
- **Age Group:** Children to adults

Life Changing Services

1361 N. 1075 W., Suite 210
 Farmington, UT 84025
 877-HERO-877
www.lifechangingservices.org

Mood disorders, anxiety disorders, sexual addiction recovery, personality disorders, trauma/abuse, couples and individuals.

- **Languages:** English and Spanish
- **Average Cost:** Different fees based on program counselor
- **Payment Type:** Cash/self-payment or ecclesiastical assistance
- **Age Group:** 12 and up

LifeLine for Youth

1130 W. Center Street
 North Salt Lake, UT 84054
 801-936-4000
www.lifelineutah.com

Family focused, residential treatment program that creates positive change using an evidence based, therapeutic community model. A multi-disciplinary team approach integrates education, individualized treatment planning, individual, group, and family therapy, health and nutrition, recreational activities, and a structured aftercare/transition program. LifeLine is a research based proven alternative to other popular approaches like teen boot camps, therapeutic boarding schools for teens, or troubled youth wilderness programs.

- **Payment Type:** Cash/self-payment or private insurance
- **Age Group:** Teens 13-18

Negrette Counseling Services

475 N. 300 W., Suite 14

Kaysville, UT 84037

801-390-3210

michael_negrette_lmft@yahoo.com

Mood disorders, anxiety disorders, substance abuse, personality disorder, and trauma/abuse.

- **Languages:** English and Portuguese
- **Average Cost:** \$150 per session
- **Payment Type:** Cash/self-payment or private insurance (sliding scale fee for low income)
- **Age Group:** Children to seniors

Neurobehavioral Center for Growth

415 S. Medical Drive, Suite D101

Bountiful, UT 84010

327 W. Gordon Avenue, Suite 2

Layton, UT 84041

801-683-1062

www.neurobcg.comadmin@neurobcg.com

Offers services focused on fostering each child, teen, or young adult's development. The underlying belief being that despite weaknesses in the structure or chemistry of the brain, with the right diagnosis paired with the effective psychological and behavioral treatments, including identification of unique strengths, every person can achieve their full potential.

- **Average Cost:** \$125 per session
- **Payment Type:** Cash/self-payment, Medicaid, Medicare, or private insurance
- **Age Group:** Children to adults

Neurofeedback and Counseling of Utah

129 S. State St., Suite 250

Clearfield, UT 84015

801-855-7999

www.ntcutah.cominfo@ntcutah.com

Helps children, teenagers and adults decrease behavior problems caused by trauma, ADHD, anxiety, depression, and mood disorders. Our brain-based program combines neurofeedback, counseling, and sensory integration to help improve the lives of children and their parents. Using the latest in neuroscience, we help our clients balance emotions, improve behavior, increase focus, and decrease anxiety.

- **Average Cost:** \$30 initial consultation; after mental health assessment \$110-130 per session
- **Payment Type:** Cash/self-payment, Aetna, Blue Cross Blue Shield, Select Health, United Behavior Mental Health, Medicaid for foster care/post-adoption

Neuropsychology Center of Utah

275 N. 300 W., Suite 404

Kaysville, UT 84037

801-614-5866

www.npcu.netadam@npcu.net

- **Languages:** English and Spanish
- **Average Cost:** \$100-120 per session
- **Payment Type:** Cash/self-payment, Medicaid, or private insurance
- **Age Group:** Children to seniors

New Directions Counseling Service

31 W. Center Street
Kaysville, UT 84037
801-660-5557

tarinw.officemanager@gmail.com

Psychotic disorders, mood disorders, anxiety disorders, personality disorders, substance abuse, and trauma/abuse.

- **Languages:** English and Spanish
- **Average Cost:** \$80-100 per session
- **Payment Type:** Cash/self-payment, private insurance, or Medicaid (sliding scale fee for low income)
- **Age Group:** 12+ to seniors

New Vision Counseling Services

475 N. 300 W., Suite 14
Kaysville, UT 84037
801-690-3502

gmason84041@msn.com

Mood disorders, anxiety disorders, personality disorders, substance abuse, and trauma/abuse.

- **Average Cost:** \$51-75 per session
- **Payment Type:** Cash/self-payment or private insurance (sliding scale fee for low income)
- **Ages:** Children to seniors

Northern Utah Counseling Services

49 E. 200 S.
Clearfield, UT 84015
801-779-0095

nuc_rec@northernutahcounseling.com

Mood disorders, anxiety disorders, substance abuse, personality disorders, and trauma/abuse.

- **Office Hours:**
 - Monday–Thursday 9am–7pm
 - Friday 9am–4pm
- **Languages:** English and Spanish
- **Average Cost:** \$100 per session without insurance
- **Payment Type:** Cash/self-payment, private insurance, or church organization
- **Age Group:** Adolescents to adults

The OCD & Anxiety Treatment Center

1459 N. Main Street, Suite 100
Bountiful, UT 84010
801-298-2000

www.theocdandanxietytreatmentcenter.com

Outpatient OCD and Anxiety treatment.

- **Average Cost:** \$350 per week on average for intensive outpatient program
- **Payment Type:** Cash/self-payment, private insurance, or church organization. Will work to customize financials.
- **Age Group:** Children to seniors

Resilient Solutions Inc.

1355 N. Main Street, Suite 1
Bountiful, UT 84010
801-259-3883

www.resilientsolutionsinc.com

Psychotic disorders, mood disorders, anxiety disorders, substance abuse, trauma/abuse, individual, and group.

- **Languages:** English, Spanish and Swedish
- **Average Cost:** intake \$150, \$125 per session
- **Payment Type:** Cash/self-payment or private insurance
- **Age Group:** 5+ to seniors

Resolutions Inc.

70 N. State Street, Suite 103 & 104
Bountiful, UT 84010
801-298-5222 ext1

www.resolutionsutah.com

kathie@resolutionsutah.com

Provides assessments, individual, couples, and family therapy with treatment for anxiety disorders, relationship problems, stress, school and behavior problems, play therapy, divorce adjustment, parenting issues, trauma/abuse, grief, grounding skills, depression, grounding skills and addiction.

- **Office Hours:** Monday-Saturday 10am-9pm
- **Languages:** English and Spanish
- **Average Cost:** \$50-100 per session
- **Payment Type:** Cash/self-payment, private insurance, church organizations, and other assistance services
- **Age Group:** Children to seniors

Solstice Residential Treatment Center

1904 W. Gordon Avenue
Layton, UT 84041
801-444-0794

www.solsticertc.com

jenn@solsticertc.com

Combines a strong emphasis on family therapy-based intervention, nutrition, and physical fitness, and the supportive provision of cutting edge academics, substance abuse/addiction therapy, equine therapy, and psychiatric services. Solstice specializes in the provision of gender specific treatment for female adolescents who struggle with a variety of presenting problems, such as: depression, anxiety, addiction and substance abuse, eating disorders, self-harm, ADD/ADHD, trauma and loss, adoption and attachment issues, family conflict, academic problems, and processing difficulties.

- **Age Group:** Females 14-18

Tanner Clinic Neuropsychology, Dr. Ben Christiansen

2121 N. 1700 W.
Layton, UT 84041
801-773-4840

www.tannerclinic.com
Ben.christiansen@tannerclinic.com

Neuropsychological assessments (ADHD, TBIs, MS, Dementia, Cancer, Epilepsy, eating disorders and degenerative disorders).

- **Average Cost:** \$400 with insurance, \$1,800 without insurance
- **Payment Type:** Cash/self-payment, church organizations, or private insurance
- **Age Group:** 7+ to seniors

Titensor Enterprises

2205 S. 800 W.
Woods Cross, UT 84087
801298-0336

stitensor@comcast.net

Mood disorders, anxiety disorders, and substance abuse.

- **Average Cost:** \$76-100 per session
- **Payment Type:** Cash/self-payment or private insurance: Altius/MH Net, Regence BC/BS, Ceridian/Lifeworks, Military One Source, Tricare, Beacon/Value Options, Wise Provider Network.
- **Age Group:** Adolescents to seniors

Touchstone Child and Family Therapy Center

1650 W. Gentile Street
Layton, UT 84041
801-485-8051

www.touchstoneutah.com
rdeperizio@msn.com

Psychotic disorders, mood disorders, anxiety disorders, substance abuse, personality disorders, trauma/abuse, attachment issues, and family therapy. Sessions available in the home, at work, or at school.

- **Average Cost:** \$101-125 per session
- **Payment Type:** Cash/self-payment (sliding scale fee for low income)
- **Age Group:** 0 to end of life.

Utah Counseling Services

189 S. State Street, Suite 230
Clearfield, UT 84015
801-589-0819

www.utahcounselingservices.com
heather@utahcounselingservices.com

Mood disorders, anxiety disorders, personality disorders, substance abuse, sexual issues, sexual abuse, addictions, depression, PTSD, eating disorders/body image, relationship issues, family-of-origin issues, self-esteem, coping mechanisms, grief and loss, and trauma/abuse. Play therapy, individual and family therapy.

- **Average Cost:** \$51-75 per session
- **Payment Type:** Cash/self-payment or private insurance
- **Age Group:** Children to seniors

Viewpoint Center

2732 W. 2700 S.
Syracuse, UT 84015
855-290-9682

www.viewpointcenter.com
rnelson@viewpointcenter.com

Offers comprehensive behavioral and psychological assessments and intensive therapy to teens who would benefit from a highly structured therapeutic setting. In addition to a broad therapeutic regimen that includes individual, group, and family therapy, teens are provided individual tutoring to ensure educational success.

- **Age Group:** Teens age 12-17

Wasatch Family Therapy

1371 N. 1075 W. Suite 5
Farmington, UT 84025
801-944-4555

www.wasatchfamilytherapy.com
info@wasatchfamilytherapy.com

Our mission is to provide compassionate, confidential, and professional therapy services for individuals, couples, and families improve their relationships and mental health.

- **Office Hours:**
Monday-Friday: 9am-6pm
- **Payment Type:** Cash/self-payment or church organization
- **Age Group:** Children to seniors

John Waterbury, NCC, LPC

52 Boulton Way
Bountiful, UT 84010
801-298-2334

johnwaterbury@email.com

Mood disorders, anxiety disorders, personality disorders, substance abuse, trauma/abuse.

- **Average Cost:** \$101-125 per session
- **Payment Type:** Cash/self-payment or private insurance
- **Age Group:** Children to seniors

Wiconi Counseling Center

872 W. Heritage Park Blvd, Suite 110
Layton, UT 84041
801-541-7049

wiconicc@gmail.com
www.wiconicc.com

LGBTQ population, couples, marriage, trauma, suicide ideation, abuse, ADHD, anxiety and depression.

- **Average Cost:** \$130 for individuals per session without insurance
- **Payment Type:** Cash/self-payment, private insurance, or church organizations
- **Age Group:** Youth to seniors

Youth Health Associates

430 E. 450 S.
Clearfield, UT 84015
801-776-3305
brian@yhautah.com

Committed to the welfare and growth of the clients we serve and to the safety of the community. We are a clinically driven program motivated by both the Restorative Justice Model and by the standards of treatment and practice put forth by the Networks on Juveniles Offending Sexually (NOJOS). Decisions affecting clients are treatment oriented to ensure appropriate judgement and client growth.

- **Age Group:** Youth

Additional providers can be found online by using the “Find A Therapist” feature at [psychologytoday.com](https://www.psychologytoday.com).

SUPPORT GROUPS

Al-Anon

Al-Anon Utah:
1794 Lake St.
P.O. Box 9603
Ogden, UT 84401
801-393-2311
Jeff K. 801-916-2762
<http://utah-alanon.org/>
district1@utah-alanon.org

Women, men, and children who were once lonely, lost, and helpless because of someone's drinking, today have courage and confidence in themselves through Al-Anon and Alateen. They have discovered friends who understand, as few others can. They have found the tools to help themselves- which can indirectly help their alcoholic relatives or loved ones. Contentment, and even happiness, is possible whether the alcoholic is still drinking or not.

- **Contact:** Email utahweb@utah-alanon.org for more information. Or visit the website listed for meeting times and locations.
- **Issues:** Substance Abuse
- **When:** *Wisdom Kids* (ages 7-11)
First Monday of the Month at 7 pm at the Clearfield Community Church
525 E. 200 S. Clearfield, Room 5
Jeff K. 801-916-2762
Teens In Action (ages 12-18)
First Monday of the Month at 7 pm at the Clearfield Community Church
525 E. 200 S. Clearfield, Room 11

Alcoholics Anonymous

www.utahaa.org

Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem. It is nonprofessional. Self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

- **When:** Follow the link to find a meeting schedule
- **Issues:** Alcohol abuse

Celebrate Recovery Layton

Christian Life Center:
2352 E. Highway 193
Layton, UT 84040
Dawn 801-661-6900
801-771-5433
www.clclayton.org

Recovery Group for all addictions, hurts habits or hang ups, domestic violence, etc. The program is from Saddleback Church in California from Pastor Rick Warren's church. It is an amazing recovery program, come give it a try! For information please visit the church website.

- **When:** Every Thursday from 7:00pm-9:00pm (child care available)
- **Fee:** Free

CHADD: Support group for Attention Deficit Disorder*Elevation Church*

375 S. State Street

Clearfield, UT 84015

801-209-1336 Julie Kinsey

801-529-3661 Ginger Huerta

gihuerta72@gmail.comwww.chadd.orgchaddofutah.com

Davis County branch of the CHADD of Utah chapter of offering a support group for parents of children with ADHD. Educators are also invited to attend. In each meeting a different professional speaker will share their knowledge, free of charge!

- **When:** First Thursday of each month at 7:00pm (no meetings June, July, or August)
- **Fee:** Free

Circle of Security Parenting*Davis Behavioral Health*

Davis Mindfulness Center

476 Heritage Park Blvd., Suite 120

Layton, UT 84041

www.dbhutah.org/parenting/circle-of-security/rachelr@dbhutah.org

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

- **Learning objectives of the program:** Understand your child's emotional world by learning to read their emotional needs. Support your child's ability to successfully manage emotions. Enhance the development of your child's self-esteem. Honor your innate wisdom and desire for your child to be secure
- **When:** Tuesdays
12:30pm – 2pm

Continue Mission: No veteran left behind

801-243-2508

www.continuemission.orgwww.facebook.com/continuemission

Health and wellness for military service members and their families. Coordinate recreational activities, education, and opportunities that further the mission. Suicide prevention and intervention

Covert Introvert

Jeff Gregson Therapy Services
251 S. Mountain Rd., Suite 1
Fruit Heights, UT 84037
801-477-4927

Facilitated by Jeff Gregson, LPC

Helping introverts who have social anxiety overcome their fears! Many introverts blame their paralysis in social situations on their personality. Crippling fear is social anxiety and can be overcome! Learn to fight your fear and utilize being an introvert for success. In this 6 week course you'll gain an understanding of your "enemy." Learn tactics to catch, challenge, and change your limiting beliefs. You will learn that being an introvert is a strength, and will enable you to overcome fear. Group is limited to 10 people and includes an individual session and text coaching. There is also a support group for parents of youth with anxiety.

- **When:** See website for meeting times and locations
- **Fee:** \$45 per session

Covid-19 Grief

801-585-9522
Held via Zoom Statewide
Tuesdays from 5:30 pm to 7:00 pm

Covid-19 Recovery

801-585-9522
Held via Zoom Statewide
Tuesdays from 6:00 pm to 7:30 pm

Daughters of Light

1371 N. 1075 W., Suite 2
Farmington, UT 84025
801-726-2568
877-HERO-877
www.lifechangingservices.org/daughter-soflight
generaloffice@lifechangingservices.org

Daughters of Light is a therapeutic program that teaches adolescent girls ages 12 and older how to overcome the adversity and the personal stumbling blocks that prevent self-worth and life progression. Skills are taught which enhance self-mastery. The program addresses anxiety, low self-worth and lack of motivation. Also those who struggle with addictive issues including self-harming, pornography, or sexual misconduct and more. Positive peer support in an emotionally safe environment, is provided to encourage growth and deeper insight giving understanding and motivation for better choices.

- **When:** See website for meeting times and locations
- **Fee:** \$150 intake, \$50 per session, \$25 per coaching session
- **Issues:** Anxiety, coping skills, self-esteem, sexual addiction

Emotional Health Relief Hotline

833-442-2211
10:00 am – 10:00 pm 7 days a week
Hablamos Espanol

Family Education & Process Group*Davis Behavioral Health*

934 S Main St.

Layton, UT 84041

801-773-7060

www.dbhprevention.org/support-groups

A learning experience designed for family members, friends, and loved ones of addicts. The support group will offer insight and understanding regarding the process of addiction; find out how treatment can help the addict; discover what you can do to help the recovery process, learn skills that will assist you in setting boundaries with the addict; get support from others who have suffered through a loved one's addiction; and develop understanding of how the addict's behavior has affected you.

- **When:** 3rd Wednesday of the month from 7:15pm-8:15pm
- **Fee:** Free

Grandfamilies & Kinship Care*Children's Service Society of Utah (CSS)*

North Davis Senior Center

42 S. State Street

Clearfield, UT,

84015

801-425-0939

800-839-7444

cherie@cssutah.org

If you are raising a grandchild or another relative's child, you are not alone. Millions of grandparents and other relatives are raising children. Grandfamilies can help you find your way with tips, tools, and resources to the services and support you need to take care of yourself and your family.

- **Fee:** Free

Grief & Loss*Resilient Solutions Inc.*

1355 N. Main Street, Suite 1

Bountiful, UT 84010

801-259-3883

<http://www.resilientsolutionsinc.com>

Groups including: Mom's group for women who have had a child die, day grief/loss group, evening grief/loss group, group for those who have had someone they love die from suicide, and a group for individuals who have had a spouse die. Contact Becky Andrews, CMHC, to register for a group.

Love and Logic*Davis Behavioral Health*

Angie Smith 801-773-7060

<http://www.dbhprevention.org/parenting>

A program for parents of children ages 6-15. Your child will win because they'll learn to solve their own problems while gaining the confidence they need to meet life's challenges. And you'll win because you'll establish health control without resorting to anger, threats, nagging, or exhausting power struggles. Parenting with love and logic puts the fun back into parenting.

- **Fee:** Free
- **Issues:** Parenting Skills

Mindful Parent Mindful Child*Davis Behavioral Health*www.dbhprevention.org/mindfulness-classes/parent-child/

A twice-weekly online opportunity for parents and children to practice short mindfulness practices together, to foster greater self-awareness and self-regulation. For children in Kindergarten through 4th grade.

National Alliance on Mental Illness (NAMI), Weber-Davis

Weber-Davis Affiliate Office

Ron Bailey

801-513-3204

namiweberdavisron@gmail.com

www.namiut.org

Support groups, recovery classes, psychotic disorders, mood disorders, and anxiety disorders.

- **Fee:** Free
- **Age Group:** Adolescents to seniors

safeTALK

Davis Behavioral Health

www.dbhprevention.org/trainings

safeTALK is a powerful experience. You can expect to feel challenged, empowered, and hopeful. Your safeTALK trainer will demonstrate the importance of suicide alertness and help you identify ways people incite help when they're at risk. safeTALK's steps provide a simple yet effective method to engage with people at risk and connect them with resources that can carry out a full scale intervention. At the end of the training, you'll have a chance to practice these skills firsthand. All in all, you can expect to leave safeTALK with practical knowledge of how to identify someone at risk and link them to life-saving resources.

Sex Addicts Anonymous

www.saa-recovery.org

As a fellowship of recovering addicts, Sex Addicts Anonymous offers a message of hope to anyone who suffers from sex addiction. The basic principles of recovery practices by SAA are found in the Twelve Steps and Twelve Traditions of Alcoholics Anonymous. Although we are not affiliated with AA or with any other organization or agency, we are indeed grateful for permission to modify and apply the Steps and Traditions to sex addiction, making recovery possible for us.

- **Fee:** Free
- **Age:** Adults

Phoenix Service Corporation Caregivers Support

Brain Injury Alliance of Utah

1139 S. State Street, Suite A1

Clearfield, UT 84015

801-825-4535

phoenixservices.org

The Brain Injury Alliance of Utah, formerly known as the Brain Injury Association of Utah, was created in 1984 as a 501 non-profit organization. This alliance is the only non-profit organization dedicated exclusively to education and support for the issues of prevention and recovery of brain injury in the state of Utah.

- **When:** Call for a schedule
- **Fee:** Free

RISE

Resilient Solutions Inc.

1355 N. Main Street, Suite 1

Bountiful, UT 84010

801-660-8441

<http://www.resilientsolutionsinc.com>

Rise is a 24-week group focusing on helping women heal from the emotional trauma of sexual abuse. Some of the topics discussed are: healthy boundaries, fear, anger, and intimacy in relationships, guilt, shame, triggers, self-nurturing, trust, relaxation and forgiveness. This group has both discussion and experiential elements to encourage optimal work and healing. For details contact, Lisa Bradford, LCSW.

- **Fee:** \$40 per group session

Sons of Helaman

Life Changing Services

1371 N. 1075 W., Suite 5

Farmington, UT 84025

877-HERO-877

www.lifechangingservices.org/sonsofhelaman

generaloffice@lifechangingservice.org

The Sons of Helaman group works with young men to adult males who are dealing with addictions to pornography, masturbation, and video games. This group allows a young man to decrease his shame by knowing he is not alone in this battle. It increases his confidence to fight the addiction through behavior modification and accountability.

- **When:** See website for meeting times and locations
- **Fee:** \$125 intake session and books, \$50 per session, \$25 per coaching session
- **Issues:** Coping skills and sexual addiction

Sons of Mosiah*Life Changing Services*

1371 N. 1075 W., Suite 5

Farmington, UT 84025

877-HERO-877

www.lifechangingservices.orggeneraloffice@lifechangingservices.org

The Sons of Mosiah program is for missionaries' in-field, preparing missionaries, and missionaries released early. Participation online through email groups, a certified on-line coach, and overseen by a licensed clinician.

- **When:** One email each week for missionaries to respond to
- **Fee:** \$20 per week
- **Issues:** Coping skills and sexual addiction

Succeeding at Life Skills: Social Skills Group*Aspire Counseling Services*

2317 N. Hill Field Road, Suite 103

Layton, UT 84041

801-525-4645

www.dwighthurst.com/social-skills

Facilitated by Dwight Hurst, CMHC

This weekly group focuses on life and social skills for young people who are struggling with social interaction, autism spectrum disorders or symptoms, and social or group expectations. The group specifically addresses self-care, social efficiency, confidence and strength building, and self-advocacy.

- **When:** Every Wednesday from 5:00pm-6:00pm. Call to sign up.
- **Fee:** \$35 per session (some insurances accepted-call for details)
- **Issues:** Self-care, social efficiency, confidence and strength building, and Self-advocacy
- **Age:** Adolescents and young adults (13-21)

The Utah Strong Recovery Project*Free Help for Covid-19 related stress*

Call or Text 385-386-2289

800-273-TALK (8255)

Email your first name and your phone number only to: utahstrong@utah.gov

Hablamos Espanol and other languages available.

Additional support groups can be found at

psychologytoday.com/us/groups.

TRAININGS & CLASSES

Alcohol and Drug Intervention (ADI)

Davis Behavioral Health
Angie Smith 801-773-7060

www.dbhprevention.com/substance-abuse

This class is for adults 18 years and older. Participants in the program learn about the adverse effects of alcohol and other drug use. Instructors challenge the common beliefs and attitudes that contribute to high risk alcohol and other drug abuse.

- **When:** Visit the website provided to register for a time
- **Fee:** \$150
- **Issues:** Substance Abuse

Managing Emotions

Davis Behavioral Health
934 S. Main Street
Layton, UT 84041
Angie Smith 801-773-7060

www.dbhprevention.org/mental-and-emotional-health

Participants will learn skills in communications, effective listening strategies, conflict resolution, stress management, judgement and impulse control, anger management, empathy and emotional awareness, expectations management forgiveness, and much more. Classes available for children, youth, teen, adult women, and adult men.

- **When:** Visit the website provided to register the appropriate class and time
- **Fee:** Free
- **Issues:** Anger management

Bear Canyon Press, LLC

Andy Hogan
801-910-7008
andy@bearcanyonpress.com
www.bearcanyonpress.com

Through books, videos, and speaking engagements, therapist and author, Andrew S. Hogan (Andy), hopes to lighten your load, or brighten your road in some way.

- **Languages:** English & Mandarin

Fearless Marriage

Davis Behavioral Health
Angie Smith 801-773-7060
www.dbhprevention.org/relationships

A four-week program for couples who want to enhance their relationship! Learn to replace communication danger signs with proactive strategies for respectful talking and listening. Explore sharing fun and satisfying needs by working as a team to nurture and support each other. Practice managing stress and reducing the negative effects of stress in a relationship.

- **When:** Visit the website provided to register for a time
- **Issues:** Marriage

Guiding Good Choices

Davis Behavioral Health
 Angie Smith 801-773-7060
www.dbhprevention.org/parenting

A program for parents of 4th-8th graders. As children evolve from parent-pleasing little ones, to adolescents yearning for independence, testing boundaries, and seeking peer acceptance, this proven effective five-week class offers tips for parents on navigating those challenging years.

- **When:** Visit the website provided to register for a time
- **Fee:** Free
- **Issues:** Parenting Skills

How to Avoid Falling for a Jerk(ette)

Davis Behavioral Health
www.dbhprevention.org/relationships

Everything singles should know about how to avoid falling for a jerk (or jerkette). Learn how to follow your heart without losing your mind in this fun-filled class.

- **When:** Visit the website provided to register for a time
- **Issues:** Relationships

Incredible Years

Davis Behavioral Health
 Angie Smith 801-773-7060
www.dbhprevention.org/parenting

A program for parents of children ages 2-8. Parenting can be a difficult experience for both parents and children. For children this is a major transition when they are moving from being dependent to exploring the world around them. It is a time when they test the limits of their environment, finding out what will or will not be tolerated.

Learn to guide your children as they go through this stage of transition.

- **Fee:** Free
- **Issues:** Parenting Skills

Learning to Breathe

Davis Behavioral Health
 934 S. Main Street
 Layton, UT 84041
 Angie Smith 801-773-7060
www.dbhprevention.org/mental-and-emotional-health

Feeling overwhelmed anxious or depressed? Come explore creative approaches to getting at the roots of emotional distress. This class is for youth 13-17.

- **When:** Visit the website provided to register for a time
- **Fee:** Free
- **Issues:** Mindfulness

Managing Emotions for Kids

Davis Behavioral Health
 Angie Smith 801-336-1742
www.dbhutah.org

Transforming emotions into personal power. Topics include: Emotional awareness: fear, embarrassment, sadness, frustration, worry, anger, etc. Identifying internal and external triggers. Learning about the anger cycle. Strategies to manage emotions. Communication skills. Stress management and empathy training.

- **When:** Sessions will be held two days a week for three weeks.
 Tuesdays and Thursdays
 4pm -4:30pm 1st-3rd graders
 5pm-5:30pm 4th-6th graders
 Each class will be 30 minutes and the classes will be held via Zoom.

Mental Health First Aid*Davis Behavioral Health*www.dbhprevention.org/trainings

Mental Health First Aid is an 8-hour training course designed to give members of the public key skills to help someone who is developing a mental health problem or experiencing a mental health crisis. Just as CPR training helps a layperson without medical training assist an individual following a heart attack, Mental Health First Aid training helps a layperson assist someone experiencing a mental health crisis.

- **Issues:** Mental health response

Mindfulness for Teens*Davis Behavioral Health*www.dbhutah.org/adolescents/mindfulness-for-teens/

Being a teen is stressful! Whether it's school, friends, or dating, the teen years are full of difficult changes—mentally, emotionally, socially, and physically. If you're like many teens, you may have difficulty dealing with stress in effective ways. You aren't alone, and there are things you can do to help yourself, no matter how stressful life becomes. Ages 13-17. Meetings held via Zoom.

Prime for Life*Davis Behavioral Health*www.dbhprevention.org/substance-abuse

This program is for adults 18 years and older. PRIME for Life® is a motivational risk reduction program. It is used most with people who have had a legal or policy violation such as impaired driving, possession, or workplace violation, but it is relevant for everyone. PRIME for Life helps foster attitudes, beliefs, and understanding that helps people reduce risk for any type of alcohol or drug problem. It also creates a unique self-assessment experience to help people be more aware of what they value, what they are risking, and how to protect the things that mean the most in their lives.

- **When:** Visit the website provided to register for a time
- **Fee:** \$150 for the 5 week session
- **Issues:** Substance Abuse

Project Davis*Davis Behavioral Health*www.dbhprevention.org/families

A program for parents and children 5-12. Project Davis focuses on teaching family members how to create a respectful, positive environment that helps build and strengthen relationships.

- **When:** Visit the website provided to register for a time
- **Fee:** Free
- **Issues:** Relationships

QPR*Davis Behavioral Health*www.dbhprevention.org/trainings

Like CPR, QPR is a simple process that anyone can be trained to use, to help prevent a suicidal act. Participants learn how to recognize the warning signs for someone who may be at risk for suicide, and then get them to appropriate help.

- **When:** Visit the website provided to register for a time
- **Fee:** Free
- **Issues:** Suicide prevention

Raising Anxiety Resilient Children*All Things Anxiety**251 S Mountain Rd*

Fruit Heights, UT 84037

801-923-8855

www.allthingsanxiety.com

In this webinar class, you will learn the ABC's of expressing feelings, the basics of changing negative thoughts and you'll understand what anxiety and depression truly are (not the roles they play on TV). You'll also identify your personal thinking distortions which are the main contributors to failure and unhappiness. I'll teach you the skills required to change these negative thoughts and truly help you change thinking and behaviors.

Finally, I'll help you get to the core of your behaviors and thoughts. When you finally understand what is fueling your problems and anxiety, then you can truly make lasting change. By giving you this knowledge, you'll be able to teach and apply these principles to your children. Your loved ones will be able to say they received that class on emotional health that you never

received yourself. You'll give them the opportunity to become anxiety and depression resistant.

- **Issues:** Anxiety resilience

Within Our Reach*Davis Behavioral Health*

Angie Smith 801-773-7060

www.dbhprevention.org/relationships

A three-week program that offers a skills-based program with critical, concrete tools that help participants control their own relationships in a way that will lead to more enriching, more satisfying interactions with the people that matter in their lives, with themes that include: knowing yourself first, smart love, and making your own decisions.

- **When:** Visit the website provided to register for a time
- **Fee:** Free

Youth Mental Health First Aid

Utah State University Extension

aware.usu.edu

To register for a class:

www.dbhprevention.org/trainings

Youth Mental Health First Aid is a course designed to give participants key skills to help an adolescent who is developing a mental health problem or experiencing a mental health crisis. The 8-hour course covers a range of common disorders and potential crises such as helping a young person who is having a panic attack, is contemplating suicide or is struggling with substance abuse.

- **When:** Visit the website provided to register for a time
- **Issues:** Suicide prevention, mental health

Mindfulness classes can be found online at

dbhutah.org/mindfulness-classes/take-a-class.

ABOUT THIS DIRECTORY

Directory Updates/Corrections

This document is a work in progress. Please contact providers to verify hours, costs, services, etc. Providers are welcome to add or remove information about their agency and services at any time. Many of these behavioral health resources are also included in an online county health resource locator found at www.davis4health.org.

If you have a resource you would like added to the directory or need to update your information please contact: Isa Perry, Davis4Health Coordinator, Davis County Health Department, 801-525-5212 or isa@daviscountyutah.gov.

Background

In 2013, access to behavioral health services was identified as a top public

health improvement priority in Davis County. A community action group was formed to address the issue. They recognized the need to assess mental, emotional, and substance abuse services offered in Davis County. This directory is one effort to improve access to behavioral health services by identifying behavioral health providers and describing services offered.

Those interested in helping to improve access to mental/behavioral health services can join Davis Behavioral Health Network. To find out more information or to participate in group meetings contact Isa Perry, Davis4Health Coordinator, Davis County Health Department, isa@daviscountyutah.gov, 801-525-5212

Prepared by

Davis County Health Department
22 S. State Street
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www.daviscountyutah.gov/health