



Davis County Senior Volunteer (55+) Opportunities

More Info: (801) 525-5094 or (801) 525-5052

- **Home Delivered Meals** - Volunteers deliver lunches to homebound seniors. Help needed in Clearfield, Kaysville and Bountiful. Hours vary 9:00-12:30 M-F (days are flexible)
- **Senior Center Meals** - Volunteers assist with lunches provided at the Senior Activity Centers in Clearfield, Kaysville, and Bountiful. Hours vary M-F (days are flexible)
- **Front Desk Receptionist at Senior Centers** - Volunteers assist with answering phones, greeting and checking in Senior Center attendees and other light office duties. Weekly 3 ½ - 4 hour morning and afternoon shifts available M-F in Clearfield, Kaysville and Bountiful.
- **Activities Instructors/Coordinators At Senior Centers** - Volunteers lead various classes including exercise, crafts, art, card making, book club, etc.
- **Reading Mentors** - Volunteers work one-on-one with elementary students to improve reading and comprehension. Multiple locations throughout Davis County. Hours are flexible and vary. Generally 1-2 hours, once or twice per week.
- **State Health Insurance Information Program(SHIIP)/Senior Medicare Patrol(SMP)** - Volunteers teach others about Medicare, enrollment, guidelines, understanding claims/denials, & supplemental insurance. Volunteers also raise awareness of Medicare Fraud and Abuse
- **Friendly Caller** - Volunteers are matched with homebound or isolated seniors and make weekly calls to help increase social interaction, reassurance and wellness checks. Volunteer from home with flexible hours
- **Long-Term Care Ombudsman** - Volunteers advocate for residents of long-term care and assisted living facilities through regular facility visits. Training is provided
- **Davis County Animal Care** - Volunteers needed as Dog Walkers and Kitty Cuddlers as well as office and custodial work.
- **Evidence-based classes (Fall Prevention and Living with Chronic Conditions)** - Volunteers co-facilitate these evidence-based programs in weekly workshops throughout Davis County. Must commit to attending all six weekly sessions (3 hours including set-up/take-down) Training Provided

- **Volunteer From Home - Operation Gratitude, Operation Gratitude Cards, Scarves for Troops, and Operation Bundles 4 Babies** - Volunteers knit, crochet or sew blankets, hats, burp cloths, etc. for gift baskets in support of military families of the 419th Air Force & Reserves as they welcome new babies. Knit scarves for troops (guidelines provided). Write “thank you” letters and make greeting cards for US Troops deployed overseas.
- **Hospital Volunteers** - Hospital volunteers assist with information and referral, wheeling patients to test or discharging, staffing the gift shop, delivering flowers/supplies and light office duties. Training is provided
- **Antelope Island State Park** - Volunteers serve at the visitor center, gift shop, Fielding Garr Ranch, or on Trail Patrol helping to maintain the park. Training is provided.
- **Eccles Wildlife Education Center** - Volunteers serve as welcome hosts (morning and afternoon shifts), assist Program Specialists with field trip activities, and Trail Maintenance to keep nature trails at Farmington Bay in good condition.
- **Food Pantries** - Volunteers help collect, sort, catalog, package, and distribute food to clients and assist with client intake at Bountiful Community Food Pantry in Bountiful or Open Doors in Layton
- **Docent/Receptionist at Museums** - Volunteers needed at Bountiful Historic Museum, Heritage Museum of Layton, Syracuse Regional Museum and the Bountiful Davis Art Center.
- **Hospice Volunteers** - Provide companionship for patients and respite for families. Hospice volunteer visits can include playing games, reading a book, or just visiting with patients to help prevent isolation and give family members a needed break.
- **Safe Harbor Domestic Violence Shelter** - Shelter, childcare and Lifeline Center volunteers needed, in addition to Crisis Response Team, Life Skills Classes Teachers and Development volunteers.
- **Davis County Libraries** - Library aides, assisting with shelving, preparing materials for discard, prep work for children’s storytime, reading for children’s storytime and other miscellaneous tasks.
- **Alzheimer’s Association** - Community educator, community representative and support group facilitator for the association. Training will be provided.
- **ESL (Davis Community Learning Center)** - Adult ESL teacher or tutor for immigrants or refugees, reading tutor for immigrant and/or refugee children, facilitator for the After-school programs, including chess club, citizenship classes and English conversation.
- **Centerpoint Theatre** - Ushers, Greeters, Guest Services, Production Support, Cast Support and Event Support.