

North Davis Senior Activities Center

This and That

New!

Tai Chi

Tai Chi Classes on
Tuesday's and
Thursday's
at 10:00 am

Enhance Fitness
Monday,
Wednesday,
and Friday
at 1:00 pm

ENHANCE
FITNESS



Father's Day
Brunch

Join us for our
Father's Day
Brunch on
June 16th
at 11:30am.
Please make
reservations!

Trips

Bountiful Chalk Festival
June 1st @ 12:30 pm

THE
UNCH BUNCH

Cuzins Kitchen
June 14th @ 11:15 am

Daily & Monthly Activities

Mondays

9:00 am Quilters
10:00 am Bingo
12:30 pm Texas Hold'Em Poker

Tuesdays

9:00 am Lapidary
9:30 am Bonsai Plant Workshop
10:30 am Fun and Games
12:30 pm Pinochle
1:00 pm Line Dancing

Wednesdays

9:00 am Lapidary
9:00 am Quilters
10:00 am Technology Lab by appt.
10:00 am Craft Class
12:00 pm Hand & Foot Cards
12:30 pm Texas Hold'Em Poker
2:00 pm Multi-Cultural Dancing

Thursdays

9:00 am Lapidary
9:30 am Bonsai Plant Workshop
10:30 am Fun and Games
12:15 pm Theater Thursday
12:30 pm Pinochle

Fridays

10:00 am Bingo
12:30 pm Pinochle
12:30 pm Texas Hold'Em Poker

Available All Day/Everyday:
Pool table, computers, treadmill,
recumbent bike, library, videos,
and puzzles!

Parkinson's Support Group
June 7th 6:00pm to 7:00 pm

Dementia Caregiver Support
June 7th 3:00pm to 4:00 pm

Shopping
Every other Tuesday at 12:30 pm
June 13th & 27th